

# Oceanic

## Sauna & Steam

### Infrared Sauna Assembly Manual

10.01.24



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## 1. Safety Precautions

Please read these precautions before entering the sauna. If you have any questions or concerns ask a member of staff before using the sauna.

- Do not wire this sauna on a multi plug or multi socket extension lead.
- Read operating instructions before turning on the sauna.
- Do not cover the heaters as this could cause a fire.
- Do not touch the heaters, they are very hot while the sauna is on.
- Do not use back rests as arm rests as you could touch the heater with the side of your arm.
- Elderly persons, pregnant women, or those suffering heart disease, high blood pressure, diabetes or not in good health are advised to seek medical opinion before using a sauna room.
- Do not smoke in the sauna room;
- Avoid using the sauna room immediately after strenuous exercise;
- Do not use the sauna room when under the influence of alcohol;
- Leave the sauna room at once if you feel sleepy, sick or uncomfortable;
- Ensure there is good ventilation for the sauna room
- We do not recommend this product is used by children under 16years old unless they are supervised by an adult
- This appliance is not intended for use by persons including children with reduced physical, sensory or mental capabilities or lack of experience unless they have been given supervisor or instruction concerning the use by a person responsible for their safety
- Commercial operators should post a notice of these precautions in a prominent position.

## Infrared Sauna Assembly

### 2. General

- Important Notice: Unless you ordered a "low height wiring kit" it is not possible to install our Infra-Red Sauna Cabins with a height lower than 2200mm as the wiring is all done above the sauna.
- Be careful at all times of where you are screwing or nailing, wires always run down the centre of panels, try to avoid the centre of panels at all times. (E.G. Cornice, Bench rails, Trim, MP3 holder)
- Before you begin the assembly work we recommended that you read through these instructions completely in order to familiarise yourself with the procedure.
- Each model of sauna has it's own dedicated parts list, make sure you locate this before continuing.
- For wide saunas such as the IR2040 the backrest is too large to fit through the door frame. In this case install the backrest before fitting all front wall panels.
- This sauna cabin is for indoor use only.
- Door must open outwards
- Infrared Saunas can be erected onto a level floor that can be vinyl, ceramic, concrete, or wood, but preferably not carpet.
- Saunarium Cabins come with Saunarium Coat which we recommend applying before and after installation.

### 3. Requirements

You will require the following items:-

- i. The easiest and fastest way to trim this cabin is to use a brad nailer, electric, gas or air all are ok. The brads we supply are straight 18 gauge 25mm and 40mm length. If you don't have a nailer you can pilot & screw or break the individual brads off the strips and use a hammer.
- ii. A powered drill/screw driver with drill bits, PH2 and PZ2 driver bits
- iii. 4mm drill and countersink tool
- iv. 40mm hole saw (cables/vent)
- v. Spirit level
- vi. Hammer
- vii. Hand Saw or an electric mitre or cross cut saw is advised for cutting trim to give a professional finish.
- viii. Sand Paper
- ix. Window packers or alternatively make some using cross cut saw from spare timber.
- x. Optional: - if it is possible to fix the unit to the floor you will need a hammer drill and raw plugs

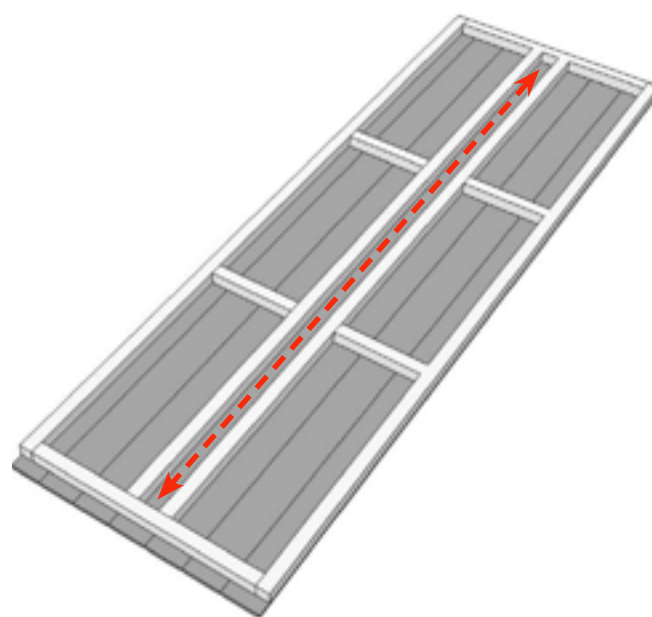
### 4. Panel Construction

All standard 615mm wide sauna panels will be constructed with a 50mm wide internal conduit running vertically up the centre of the panel as shown in the image.

This channel is to allow wires to be routed through the panel as required. Holes should be drilled in the panels depending on location the heater, controls, temperature sensor.

This channel also used for vent holes. I.e. high level air vent.

No holes are pre-drilled in this panel so please drill holes as required. IR heater cable typical use a 40mm hole



Internal framing of the wiring panel

### 5. Panel holes

#### 5.1. Heater cables

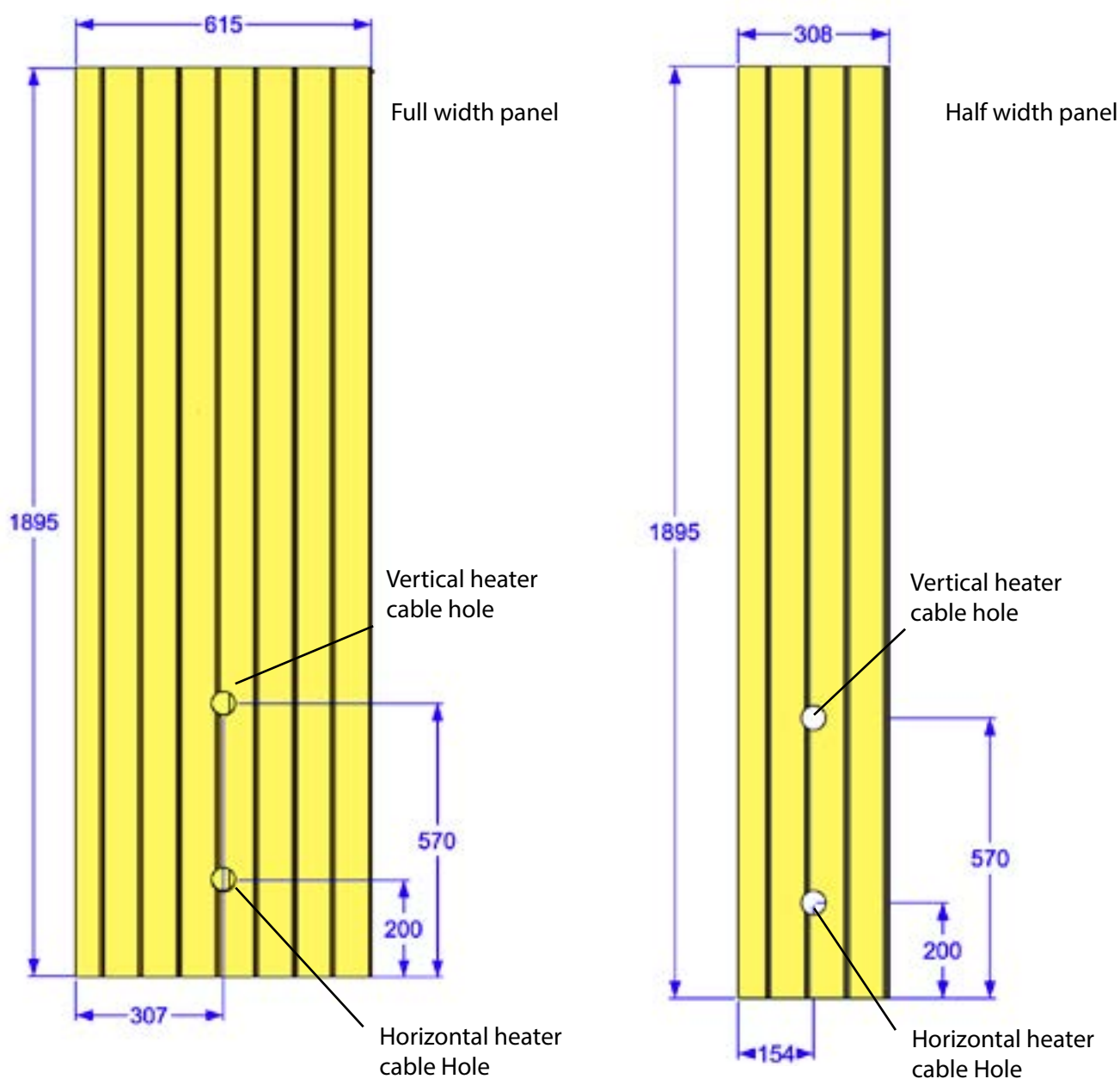
Referring to the parts document select the panels required for fixing vertical and horizontal heaters. Note some panels may require both.

#### 5.2. Vertical heater behind backrest

Cut a 40mm hole in the centre of the interior of the panel at 570mm up from the base of the panel. Note to only cut through the internal cladding - see diagram below.

#### 5.3. Horizontal heater beneath bench

Cut a 40mm hole in the centre of the panel at 200mm from base of panel

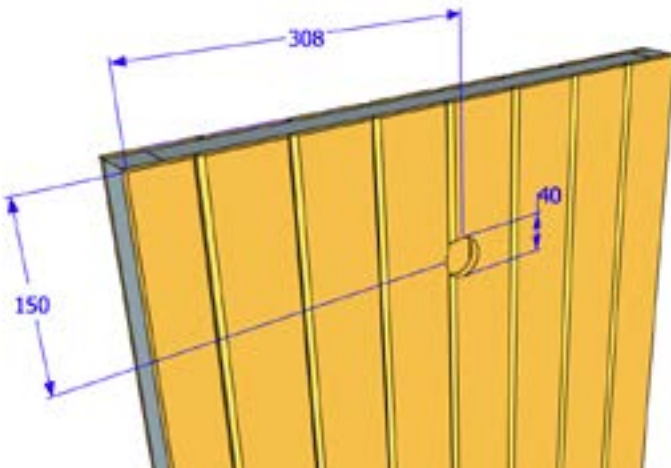


## Infrared Sauna Assembly

### 5.4. Hole for Vent

- i. For the internal hole cut a 40mm hole at 150mm in the centre of the panel at 150mm from top. Only cut through the internal cladding.
- ii. Fix the vent kit using pins as shown.
- iii. The window should slide left to right to allow adjustment in the air flow while in use.

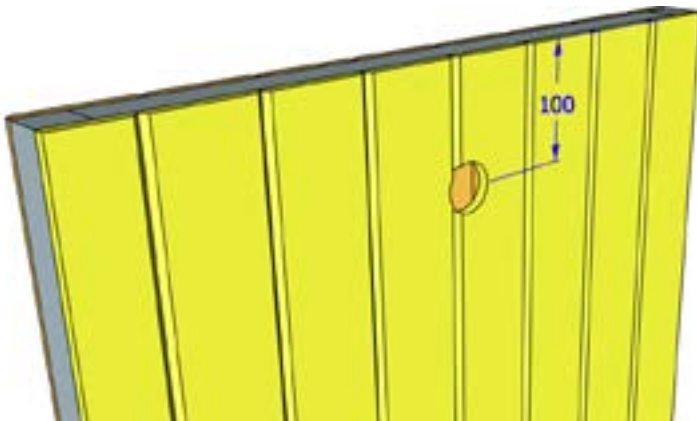
*Interior High Level Vent Hole*



*Interior High Level Vent Cover*



- iv. For exterior vent hole on the same panel drill a 40mm hole in the centre at 100mm down from the top. Drill through the external cladding only.
- v. Fit exterior vent cover as shown.



*Exterior High Level Vent Hole*



*Exterior High Level Vent Cover*



## Infrared Sauna Assembly

### 5.5. Hole For temperature sensor

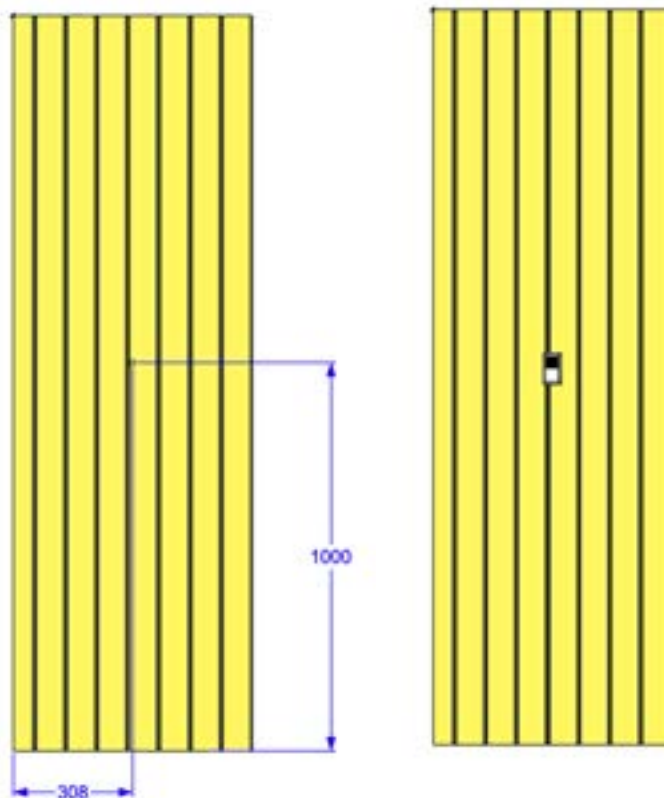
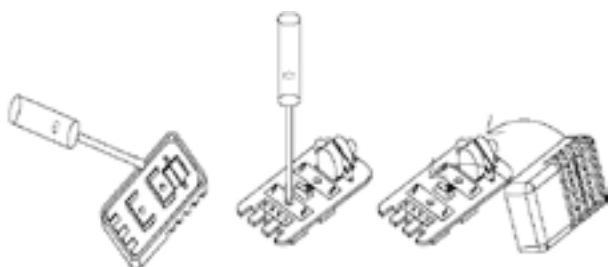
(Internal panel hole)

On the inside of the panel you would like to fit the temperature sensor drill a 15mm hole at 1000mm above floor level.

Drill hole through internal cladding only.

Hole should be centred along the width of the panel

Insert the cable for temperature sensor and fit the sensor to the panel as in the diagram below.  
Open the cover with a screwdriver  
Fix the bottom of the temperature sensor on to wall with screw  
Replace the cover.



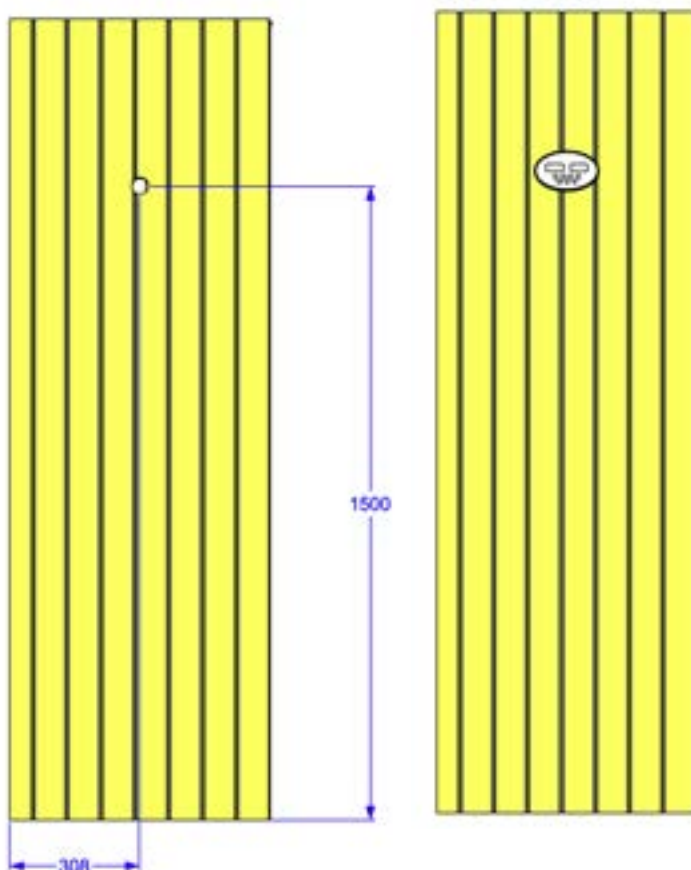
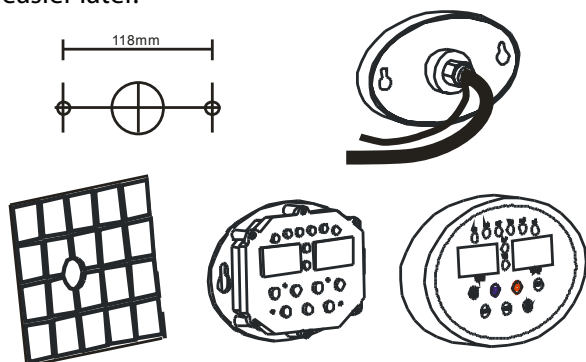
### 5.6. Hole for keypad

(panel exterior)

For the panel that you would like fit the external keypad cut a 50mm diameter 1500mm above the base of the panel. Cut hole through the external cladding only.

Hole should be centred along the width of the panel.

The keypad is supplied with an extension cable (typically 5m) that links the keypad to the control system. Insert the cable for keypad and temporarily fix (i.e. tape) in place at this stage to make wiring easier later.





## Infrared Sauna Assembly

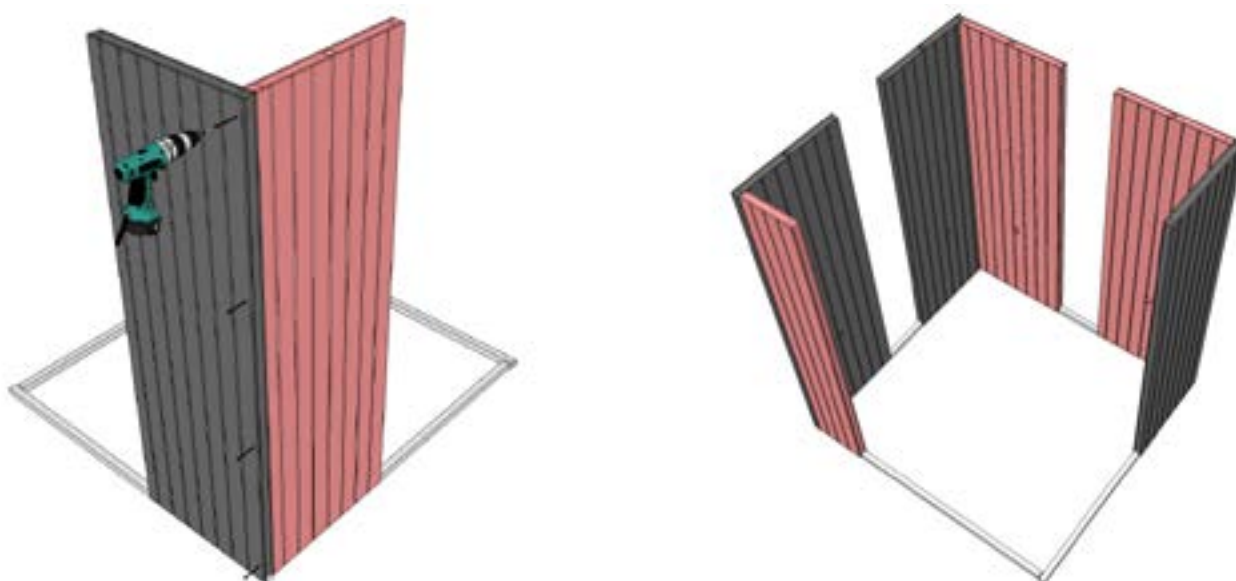
### 6. Base

- Lay out the 32 x 32mm base section as shown below with the correct 9mm spacings.
- Check the base drawing on the parts list supplied
- Check the base with a spirit level, you may need to use packers to get a level base.
- Use a set square or measure corner to corner with a tape measure to ensure the base is square.
- To make the following stages easier we recommend that you fix the base to the floor, this is completely optional and is not required for the structural integrity of the cabin.



### 7. Fix Corner Panels

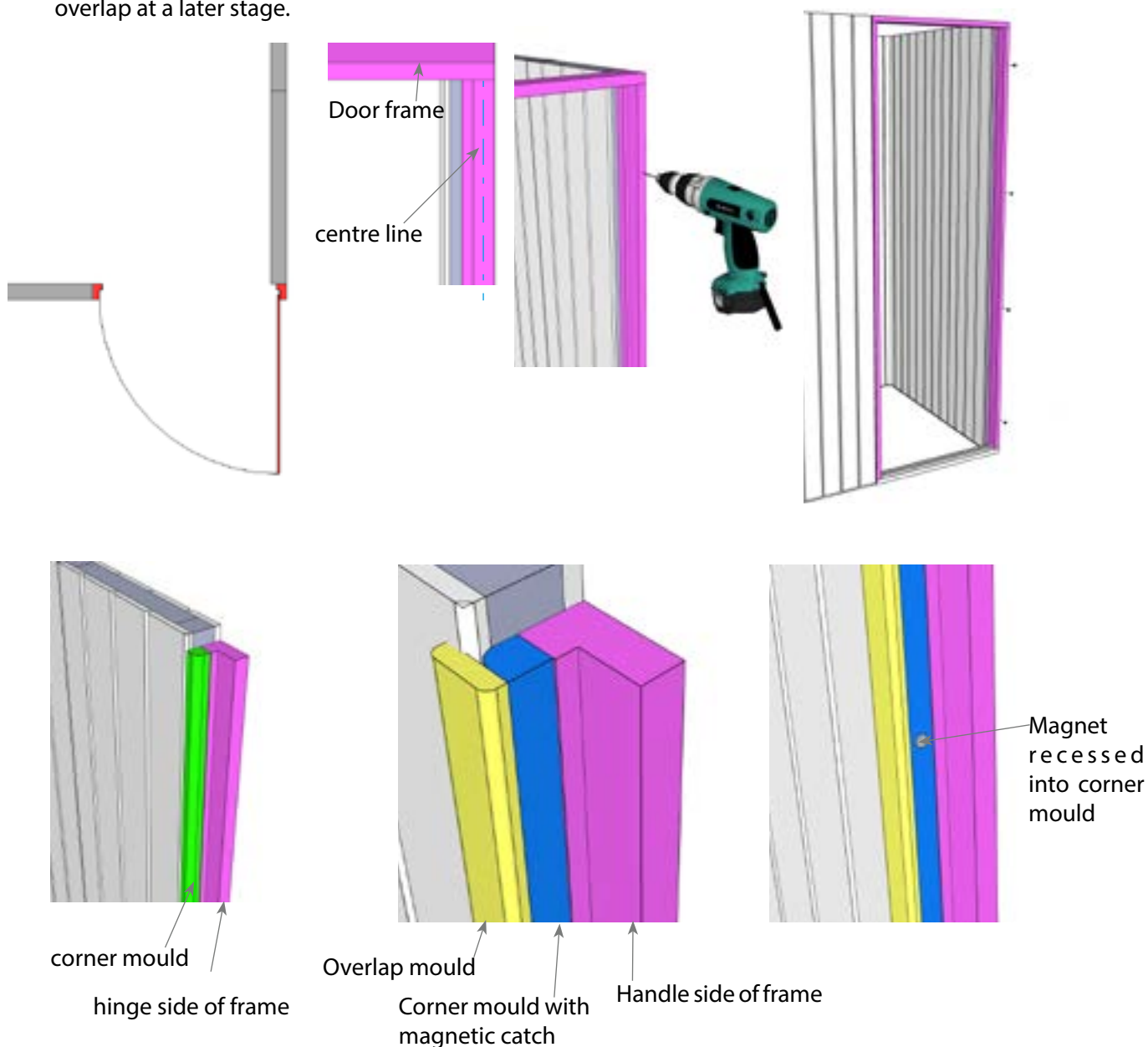
- Find the floor plan in the parts list for the cabin you are building, this will indicate where each panel needs to go.
- Start by fixing the corners together, pre drill 4 holes using a 4mm counter sink & drill.
- Fix using the 80mm screws provided



## Infrared Sauna Assembly

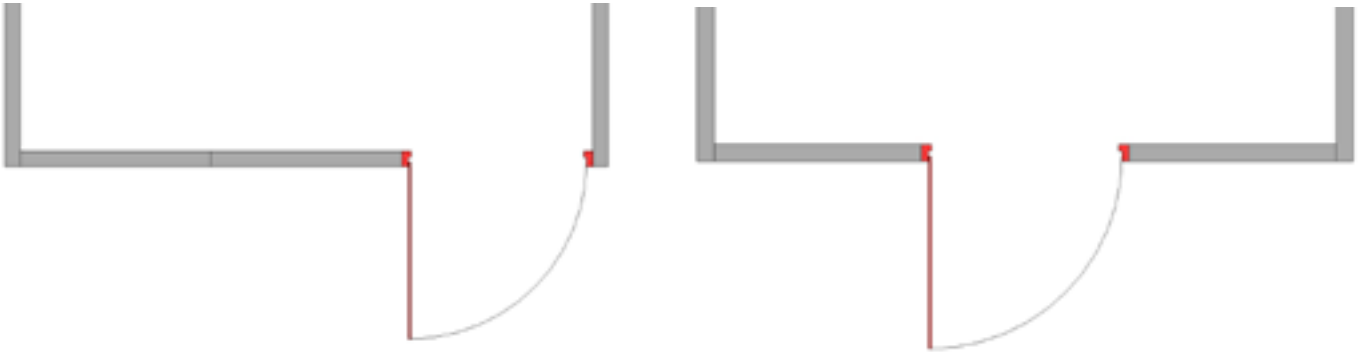
### 8. Add Door - *Important: Wear goggles and gloves at all times whilst handling the door.*

- The door is the same size as the full size panels so it can be moved around in most cabins. We will show the different ways to join the door with the panels in the following points.
- If you are working alone we advise that you remove the glass from the hinges and set to one side.
- To install the door on the end of the sauna, as shown in the plan view drawing below. Mark, drill and countersink 4 holes along the length of the frame ensuring the holes are centred on the width of the front of the frame. Fix through into the end of the panel behind using 80mm screws.
- If the door is orientated with the hinge on the end of the sauna then use a standard piece of corner mould to cover the end of the panel as shown above in green.
- If you are orientating the door so that the handle is on the end of the sauna you will need to remove the standard magnetic catch and fit the piece of timber shown in blue which has a magnetic catch installed half way down. Make sure the curved edge is towards the back so you have a flush finish across the front, pin in place with 25 or 35mm brad nails. You can then trim the other edge using 32x9 overlap at a later stage.

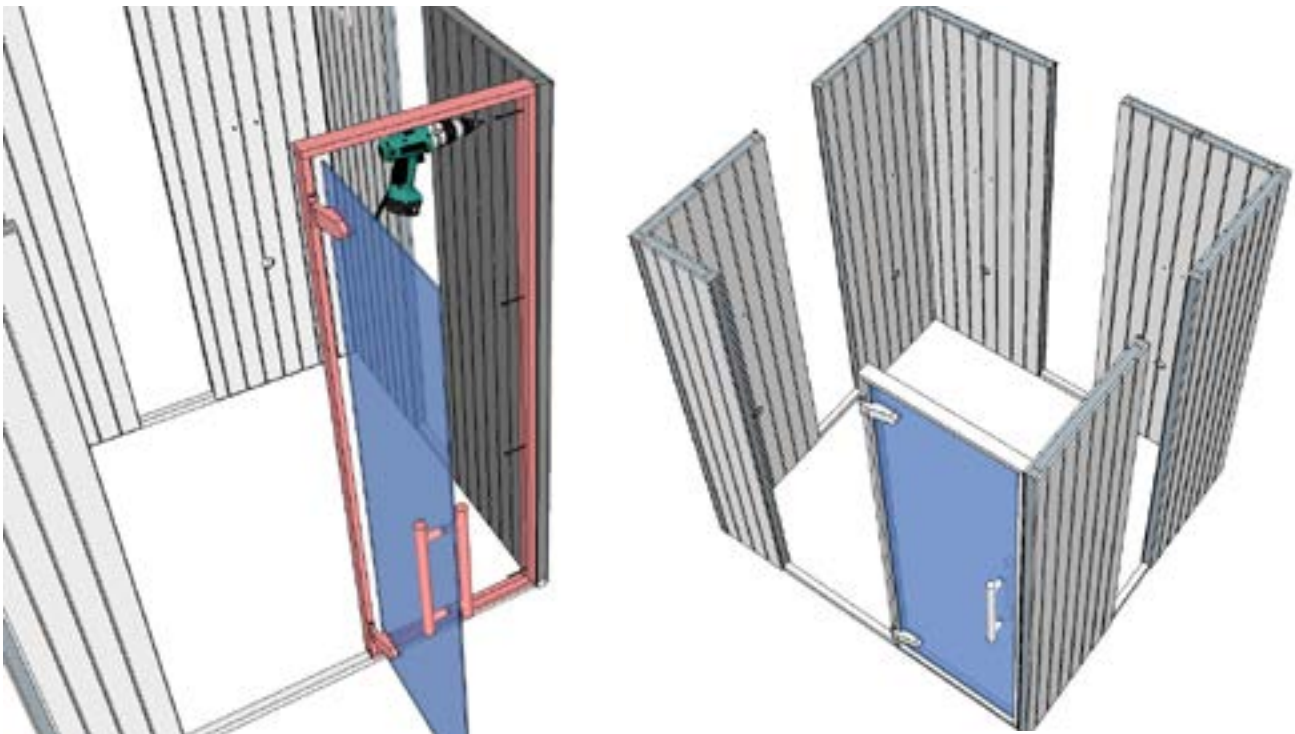


## Infrared Sauna Assembly

vi. To fix the door in between two panels or to the inside face of a side panel (as the 2D drawings below).



vii. Pilot and counter sink 4 holes and use 50mm screws to fix into the panel adjacent.



viii. If you want you can fix the other front panel to the door now or later when fixing the roof.

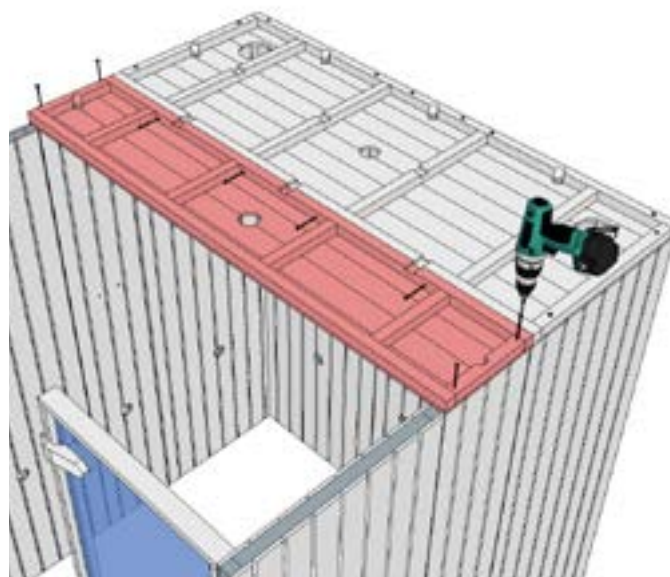
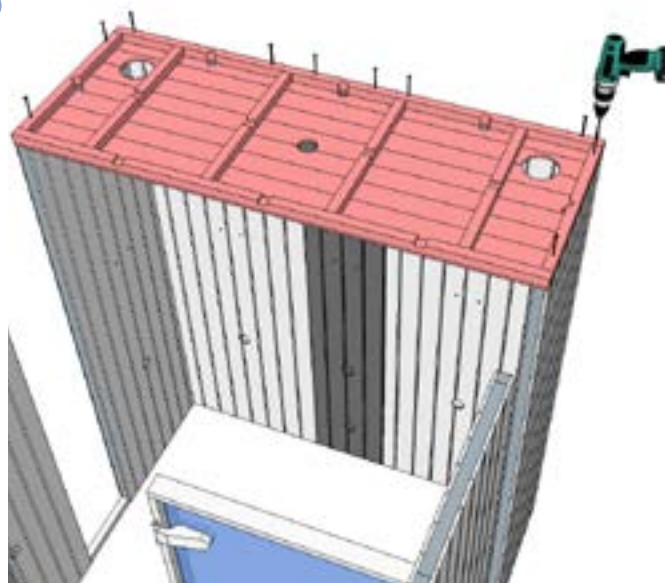
**Note for wide saunas with shallow depth such as the IR2040 the backrest is too large to fit through the door frame. In this case leave two adjacent front wall panels off until the backrest is installed.**

**Important Safety Note:**  
**Door Must Open Outwards**



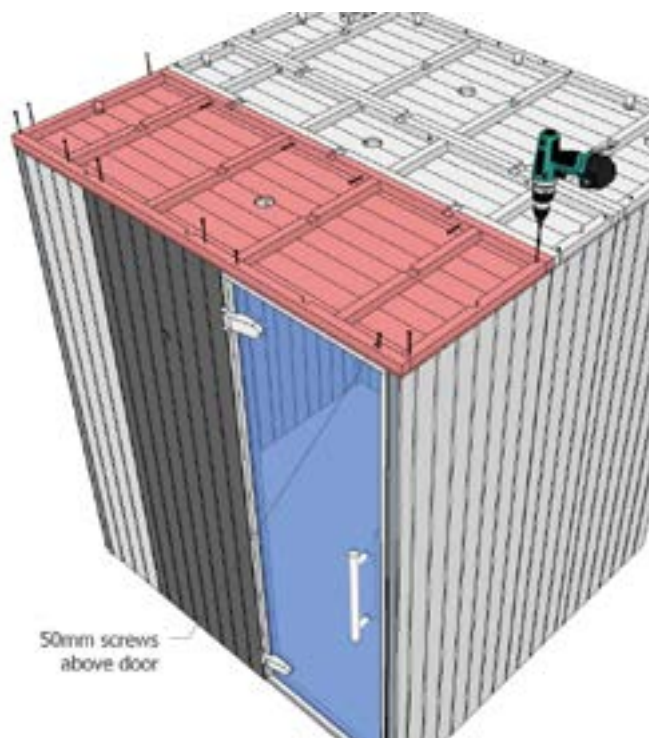
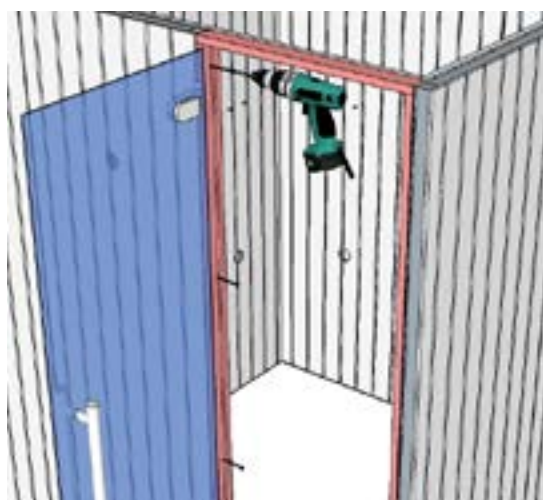
### 9. Add Roof

- i. If you are installing the cabin with a restricted height (less than 2200mm) and have purchased the "Low Height Kit" you will be supplied with an additional guide for fixing the roof.
- ii. If you have a height of 2200mm or above please use the following steps.
- iii. Start with the back roof panel, start from the corners to square up the wall panels, pilot and counter sink holes and use 60mm screws, don't screw near the cable holes.
- iv. Fix the roof panels to each other in the centres check they are flush on the inside face.
- v. When you fix above the door use 50mm screws so they don't stick through top of the frame or countersink and screw from underneath.
- vi. If you levelled and squared the base properly the door should open perfectly at this stage. If it doesn't



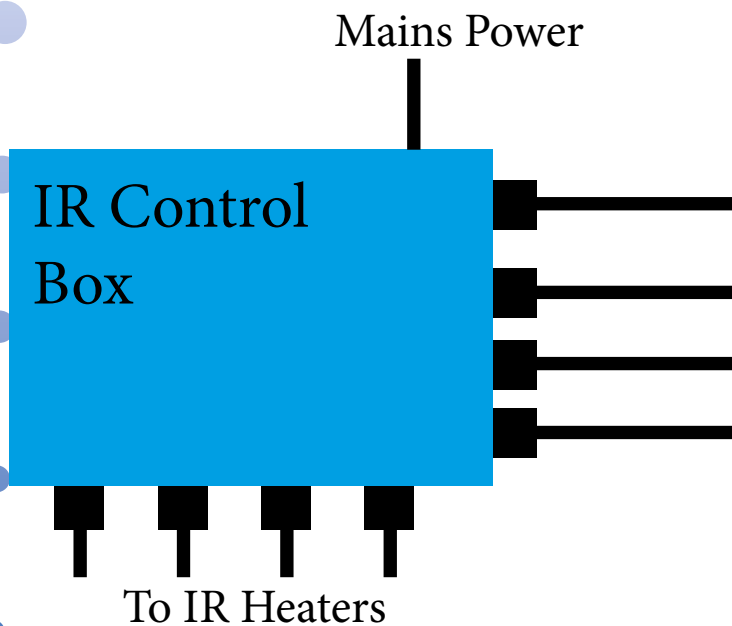
you may need to pack the base up, use a spirit level to make things easier.

- vii. Fix the other side of the door if you haven't already done this at the previous stage.





### Wiring



IEC Lead

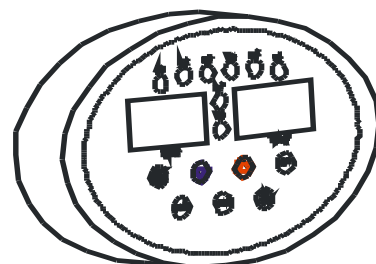
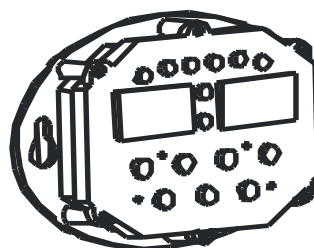
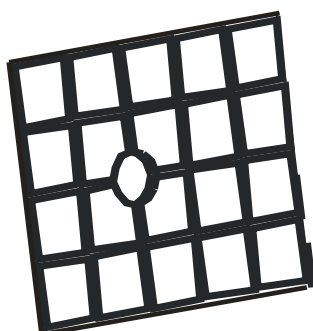
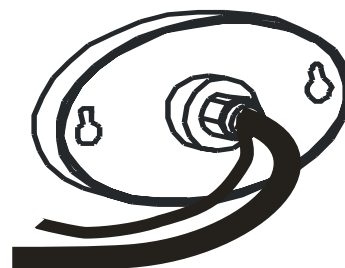
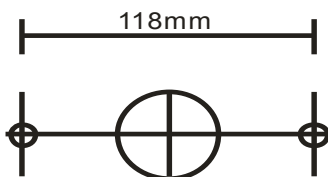


Accessories



#### 9.1. Keypad and Temperature Sensor

- i. Do not turn any power on until the cabin has been fully installed.
  - ii. Refer to the parts list for a wiring schematic.
  - iii. Sit the control box on the roof in the specified position.
  - iv. If you have not already fed the temperature sensor and keypad cables through the relevant panels do this now. Route the cables across the roof, through the channels made in the frame to the control box connections and plug them in.
- Pull the front off the keypad, you may find it easier with a small flat electrical screw driver.
  - Pin the control cable (6 cores) to the relevant ports.
  - Install the control so it sits flat on the wall. Fix using the screw holes 118mm apart.
  - Put the keypad cover back on, check the cover is completely on so that all the buttons click when pushed.



## Infrared Sauna Assembly

### 9.2. Wall Heaters

- For the heaters use the correct length of cable as shown on the schematic. Note that in order to reach the control box longer cables need to plug into the heaters furthest from the panel. To connect more than 8 heaters use additional power box (see section 20)
- Plug the one end into the control as shown below.
- Route the other end down from the roof into the walls panels.
- Pull out of the hole on the inside.

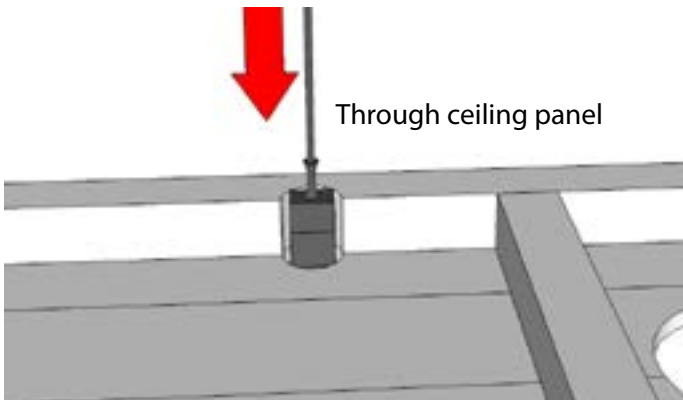
Heater cable, control box end



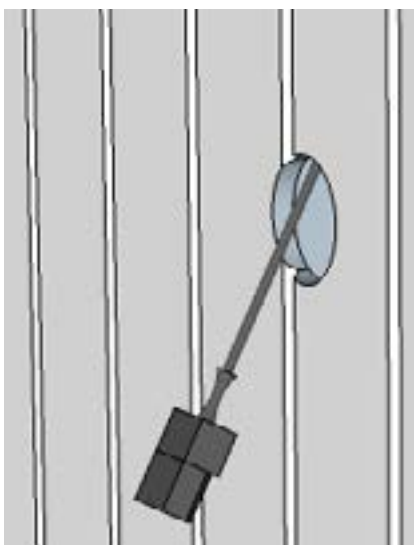
Plug cable into control box



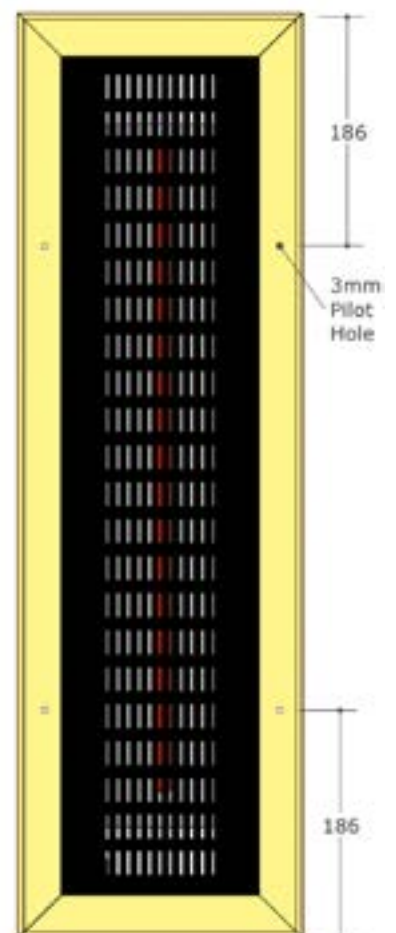
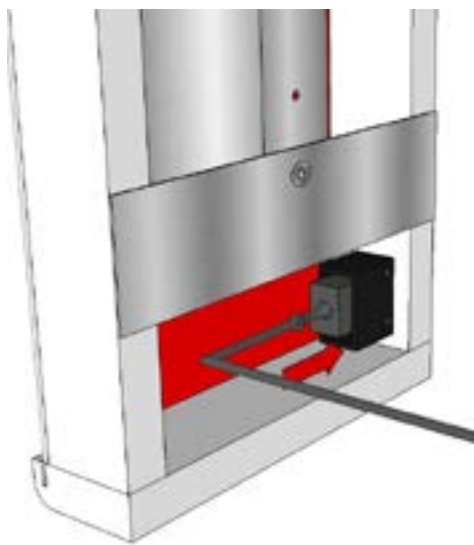
Through ceiling panel



Feed through wall panel

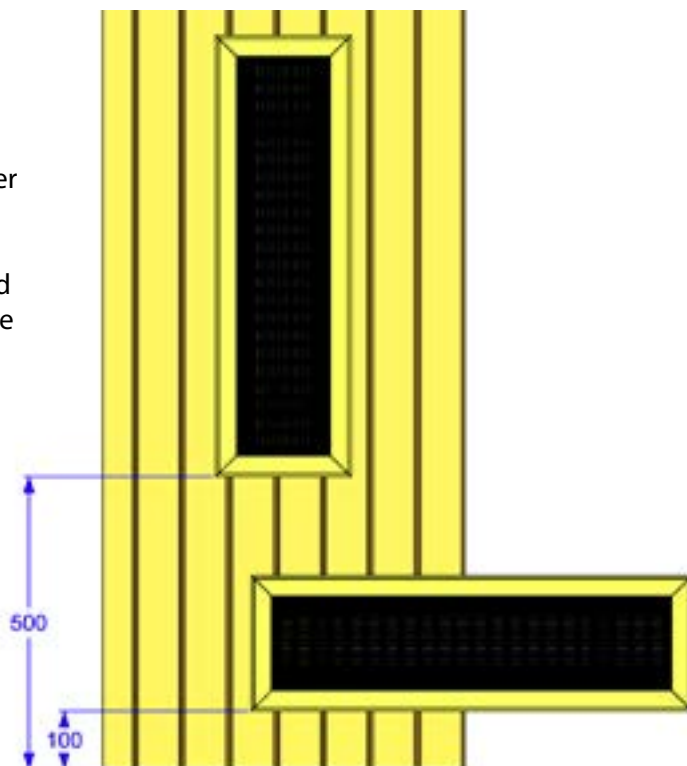


Connect to heater unit



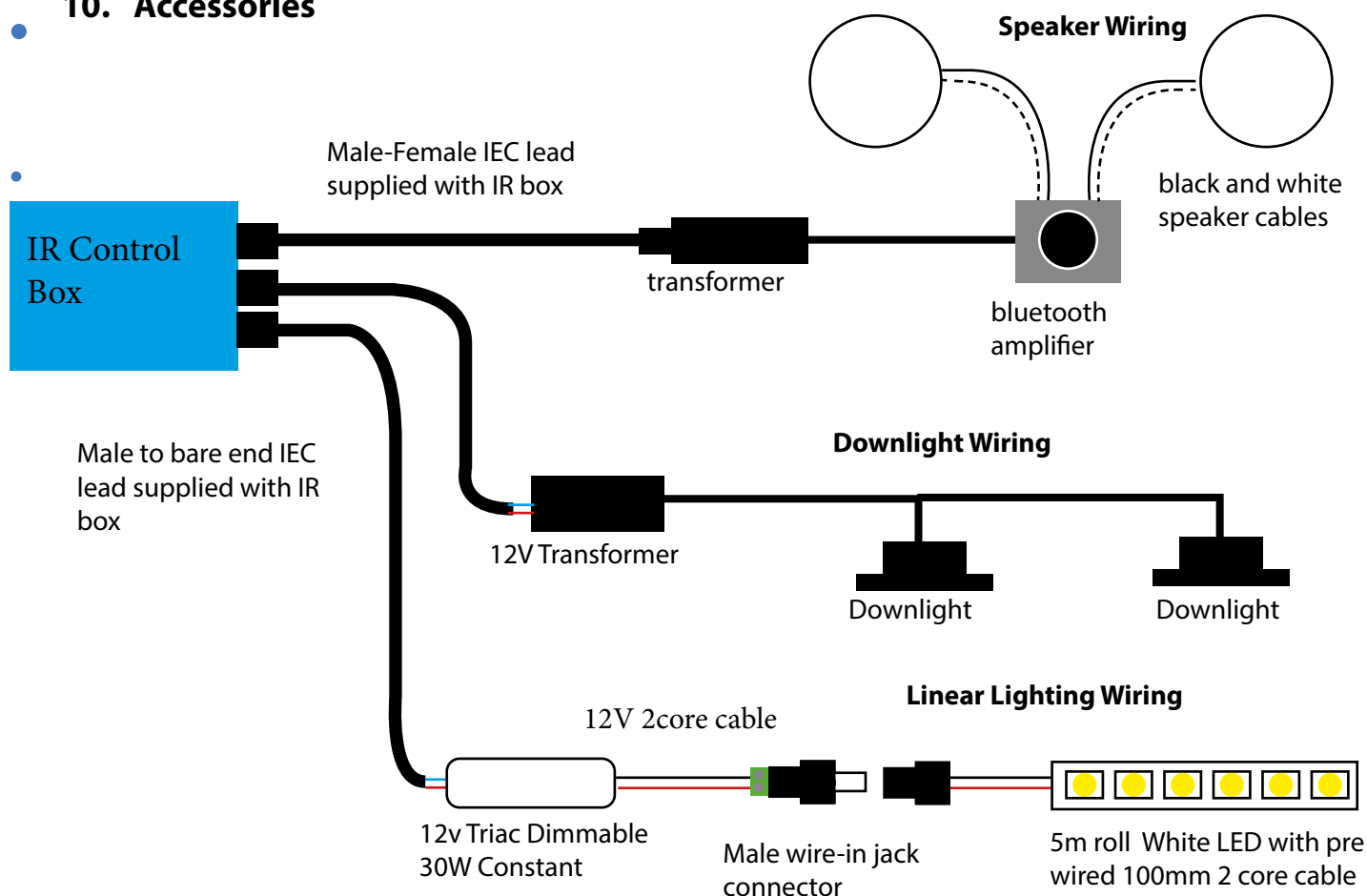
## Infrared Sauna Assembly

- v. Plug the heater wire into the connector on the rear of the heater unit.
- vi. For vertical heaters mount the unit at 500mm above base of panel. Fix 4 x 70mm screws through the pilot holes on the front of the heater unit.
- vii. For horizontal heaters mount the unit 100mm above base of panel covering the cable hole and fix to the wall using 4x70mm screws through the pilot holes on the front of the unit.



- viii. Fit screw caps onto the screw heads

## 10. Accessories





## Infrared Sauna Assembly

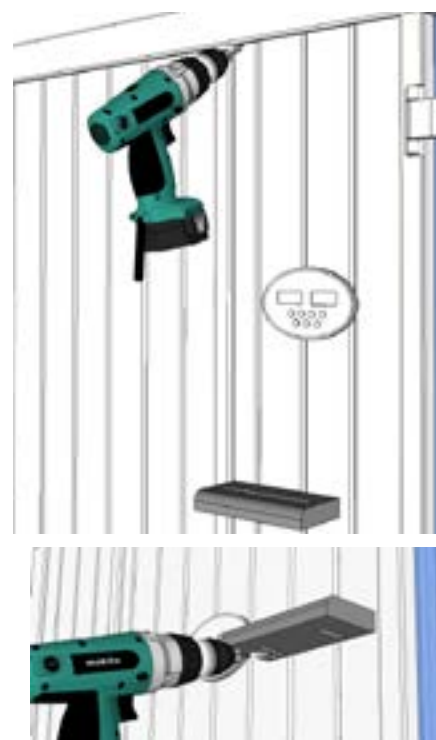
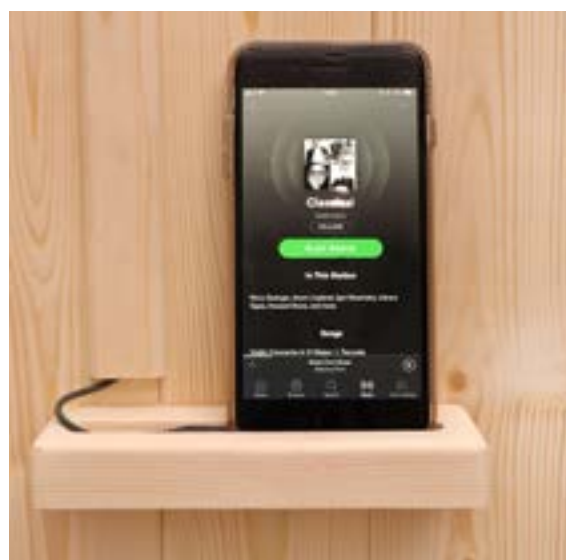
### 10.1. Lighting

- i. Downlight wiring will be pre-assembled including transformer and cable to plug directly into the control system.
- ii. Fit the spot lights to the ceiling panel as per the manufacturers instructions supplied with the fittings.
- iii. Install either standard or colour changing bulb(s) if supplied
- iv. If you ordered the deluxe specification you will be supplied with a remote control to control the lights, you can choose between many different colours, there is also a fade mode.
- v. Finally Plug the pre wired light cable into the socket on the control box labelled "Light 1"

Note: It is possible to switch a second lighting circuit separately using the Light 2. This would be useful if you wanted the option of both white and coloured lighting. Oceanic provides one pre wired cable as standard.

### 10.2. Speakers

- i. Speakers are supplied with a separate bluetooth amplifier. A male to female IED lead is supplied to plug the bluetooth amplifier to the control box. An aux cable is also supplied if you prefer not to use the bluetooth function.
- ii. Wire each speaker to the amplifier using the black and white speaker cable provided. Note to use the black striped cable to negative terminal on the amp/speaker. Cables will be routed across the roof panel.
- iii. To install the MP3 Holder use 2 x 40mm screws at the bottom, do not overtighten as this will split the wood, use a hand screw driver for the last few rotations if you don't have accurate speed control of the drill. (Do not screw in the centre of panels as this could go through a wire)
- iv. Drill diagonally with a 10mm bit at the top of the panel above the MP3 Holder.
- v. There is a channel cut out of the back of the trim to hide the Aux cable, pin the trim into place, make sure you don't fix this trim anywhere near the centre of panel as you could pin into a cable.



### 11. Bench Assembly

#### Important Safety Information.

The benches may have to support the body weight of several bathers. It is important that they are correctly assembled; the holes for all screws must be pre-drilled to prevent the timber splitting. To tighten the screws use a hand held screwdriver or an electrically operated one with a torque setting that allows the screw to be fully tightened but not to spin as spinning reduces the holding power of the screw.

Note the use of a good quality PVA adhesive (not supplied) will improve the durability of the benches.

Maximum loadings;

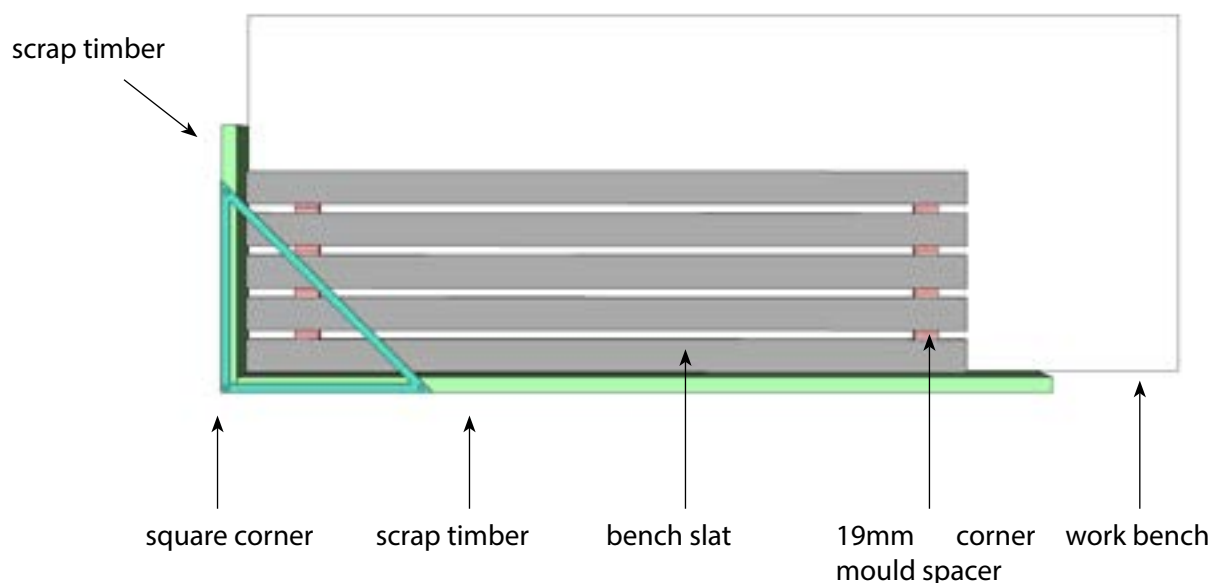
Up to 1200 mm no centre support 2 x 12.5 stone people

Up to 1800 mm with 1 extra support 3 x 12.5 stones people

Before commencing the construction of the benches find the specification sheet for the sauna you are building. This will give detail of the correct quantities and positions of timbers and fixings.

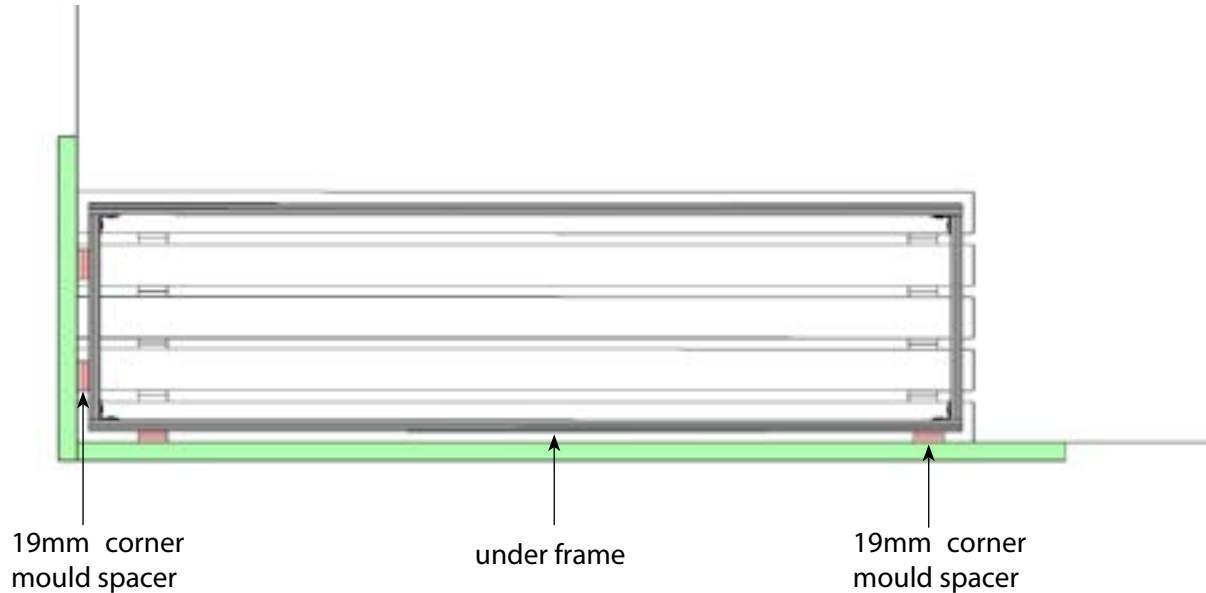


- i. Lay the 5 or 6 bench slats face down on a work bench, use two pieces of scrap timber along the edges of your bench to create a square corner to work off. Use small pieces of corner mould as 19mm spaces.



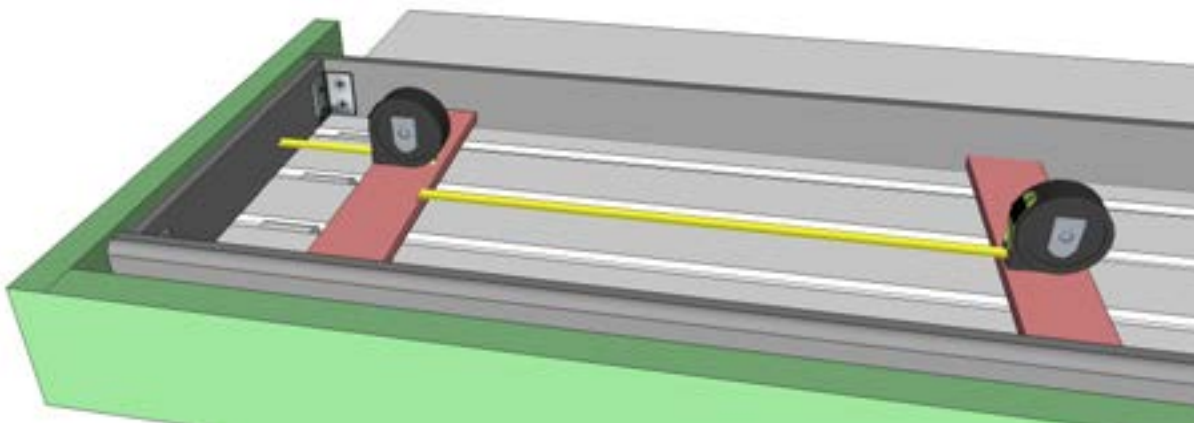
## Infrared Sauna Assembly

- i. Screw the supporting frame together using the 4 large brackets and 20mm screws.
- ii. Lay the supporting frame onto the slats, use spacers along the two edges to give a 19mm



overhang each side.

- iii. Add the cross members, two are positioned 100mm from the ends, the third is centred, a dimension

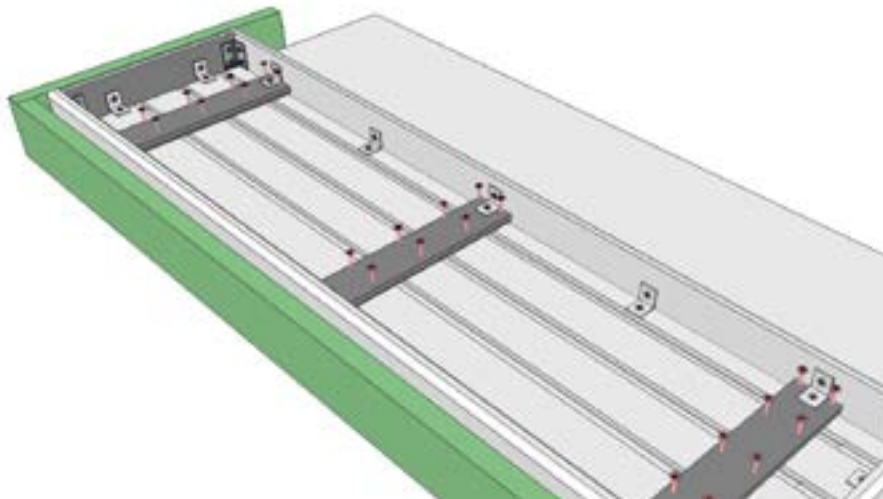


## Infrared Sauna Assembly

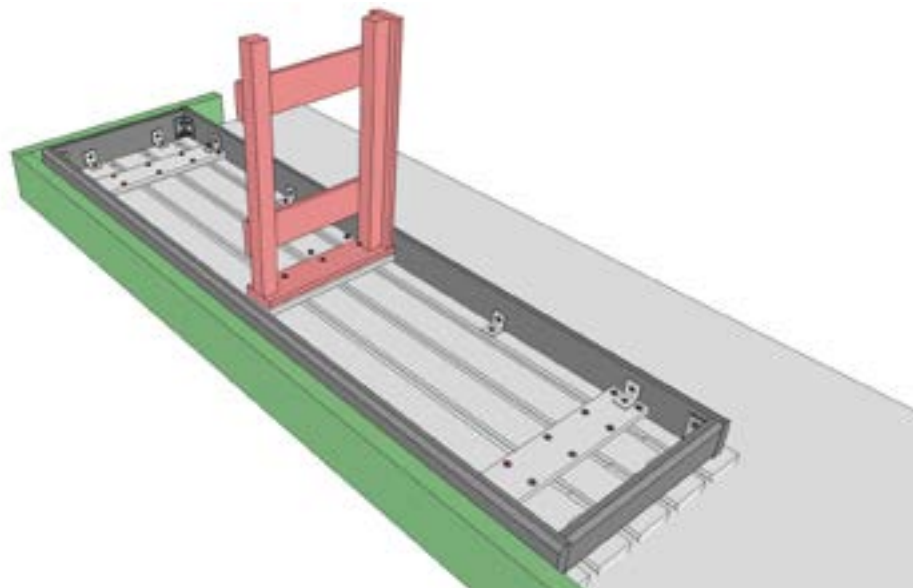
for A can be found on your parts list.



- iv. Evenly space out the 14 L brackets and fix using 20mm screws.

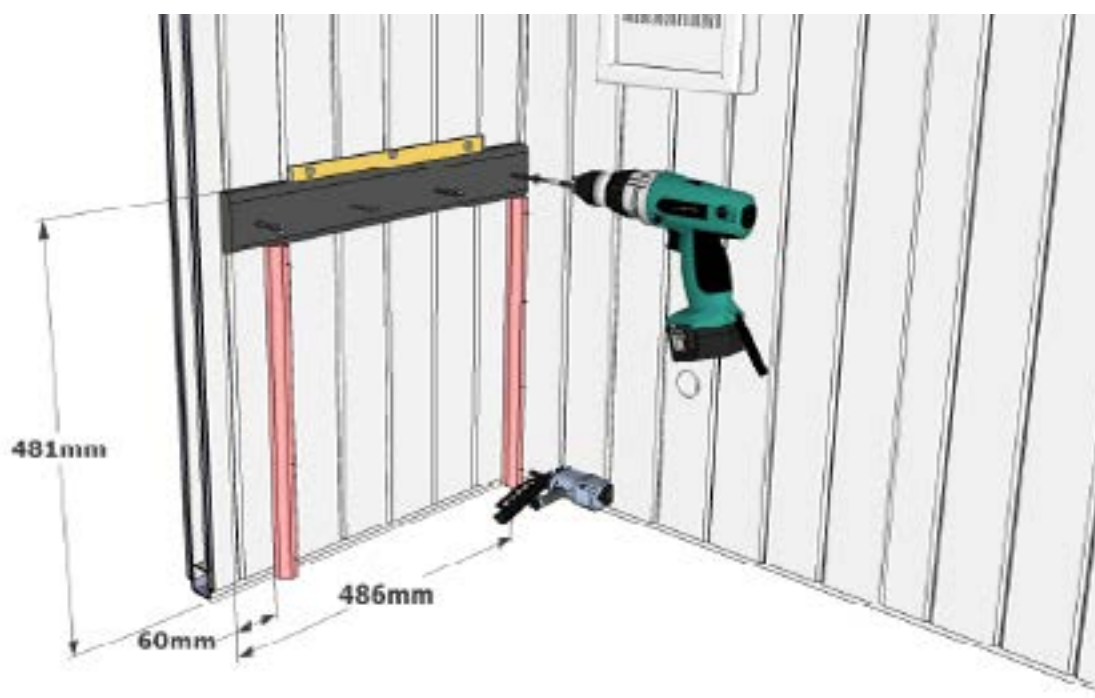


- v. Use the 30mm screws provided to fix down through the cross members into the slats.  
vi. If your parts list shows you have a bench leg, add this now as shown. Use 6x 40mm Screws.



### 12. Fix the bench end rails.

- Fix the 69 x 19mm bench support rail so the top is at 481mm from the floor. Use 4 x 50mm screws.
- Fit the two support legs using a brad nailer as shown, this can alternatively be done using a countersink and 30mm screws. Note the legs may need to be cut to size (~ 412mm high).



### 13. Fix the bench

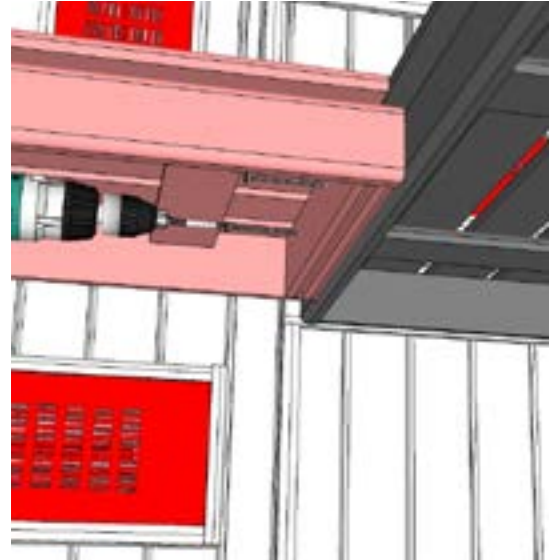
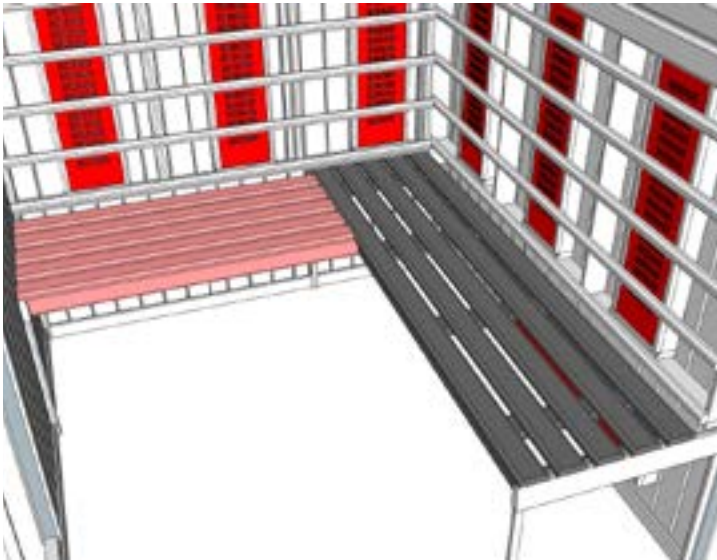
- Pre drill with countersink, then fix 2 x 50mm screws through the under frame of the each end of the bench as shown. The bench is sat forwards as shown so there is a gap at the back of the bench, this will be covered by the heater guard later.





## Infrared Sauna Assembly

- ii. If there is an L bench in the sauna you are assembling joint as shown using 2 x 60mm screws. Make sure to pilot and countersink to prevent splitting.

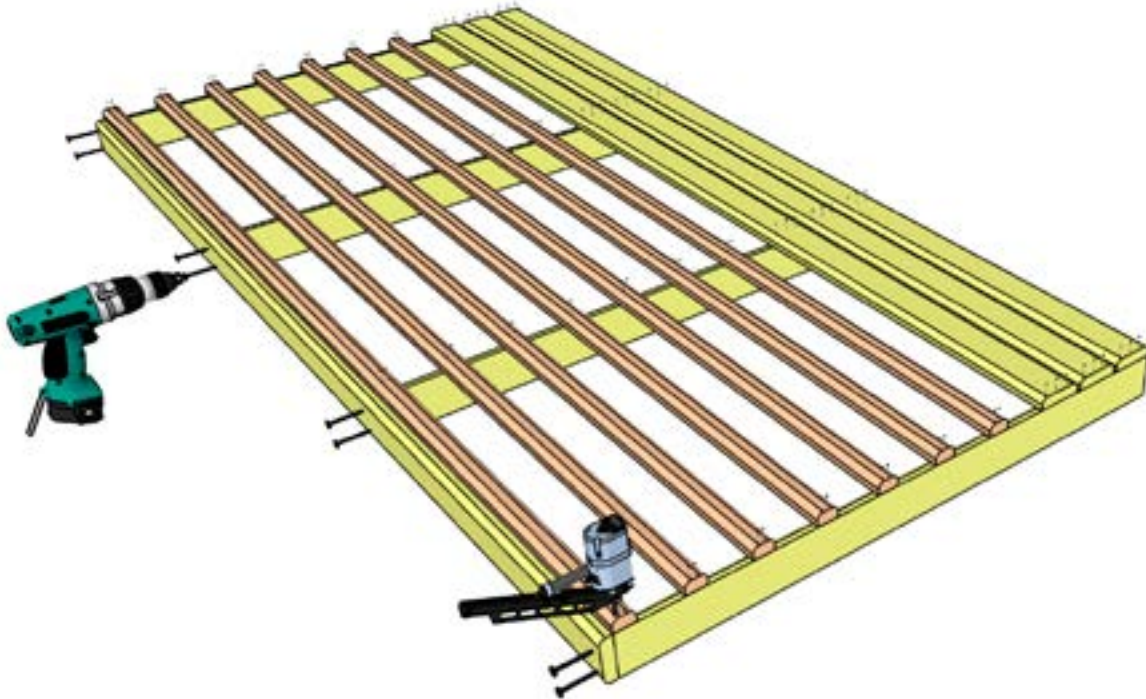


## 14. Back Rest Assembly

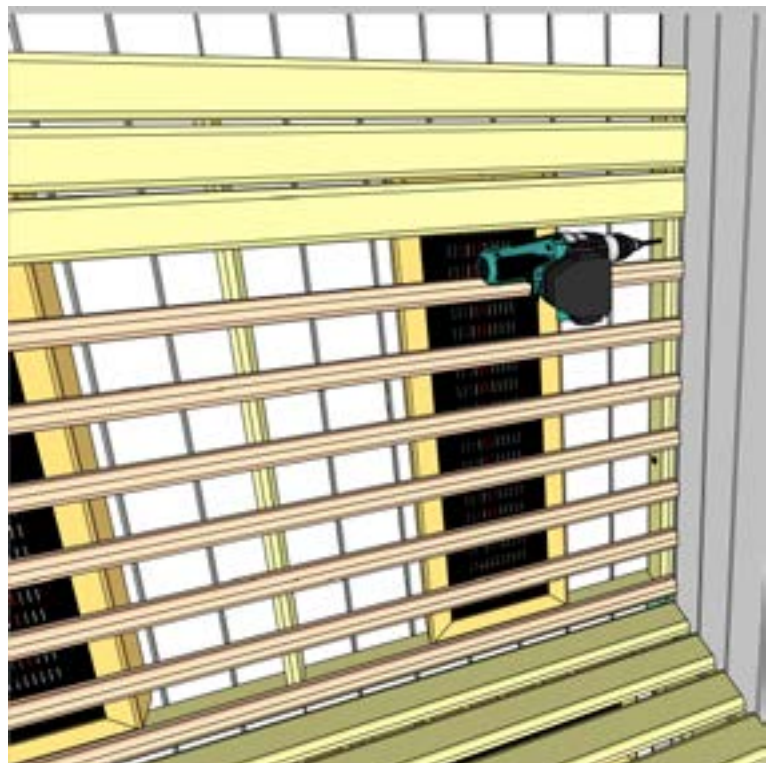
- i. Refer to the parts list for specific detailed information on the back rest.
- i. Layout the back rest frame as to the drawing in the parts list.
- ii. Pre drill the top rail with countersink tool.
- iii. Screw the top rail onto the uprights.
- iv. Pin the slats onto the edge of the uprights using two pins at each joint.



### 15. Fix the back rest



Pre drill with countersink through the end uprights at the top and bottom, then fix the back rest using 4 x 50mm screws so the bottom is level with the bench.

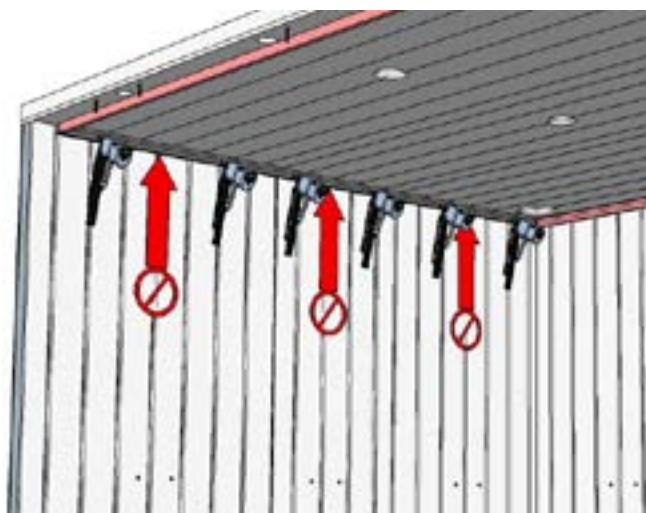




### 16. Internal Trim

#### 16.1. Cornice

Measure, cut to size and fix the 19 x 19 corner mould and fix to into place using a brad nailer and 32mm brads provided. *(If you have already fitted the cornice from the roof stage please continue to the next step.) Important: Do not pin near cables, ie the centre of each heater panel.*



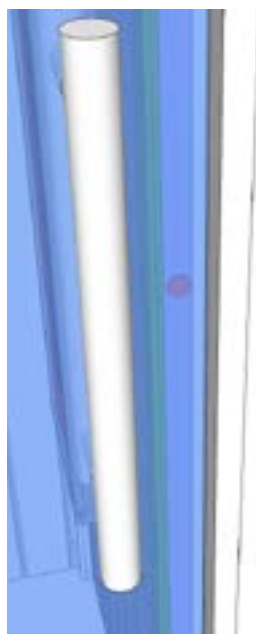
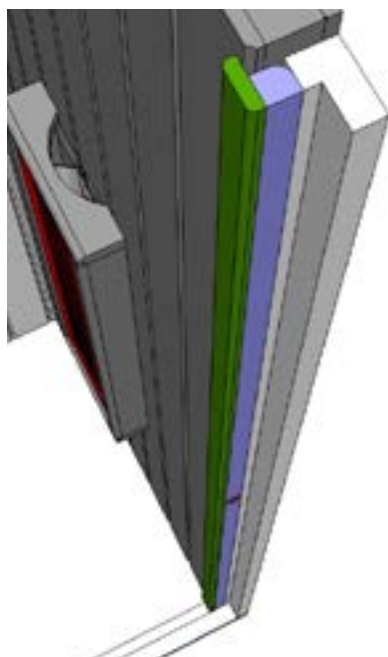
#### 16.2. Corner Uprights

Measure, cut to size and fix four of 19x19 corner mould and fix with 32mm brads into the corners of the room as shown.



#### 16.3. Door

- i. If you have installed the door on the end face of a side panel then you will need to remove the standard magnetic catch and fit the piece of timber below shown in blue which has a magnetic catch installed half way down. This timber part is supplied with every door. Make sure the curved edge is towards the back so you have a flush finish across the front, pin in place with 25 or 35mm brad nails. You can then trim the other edge using 32x9 overlap.



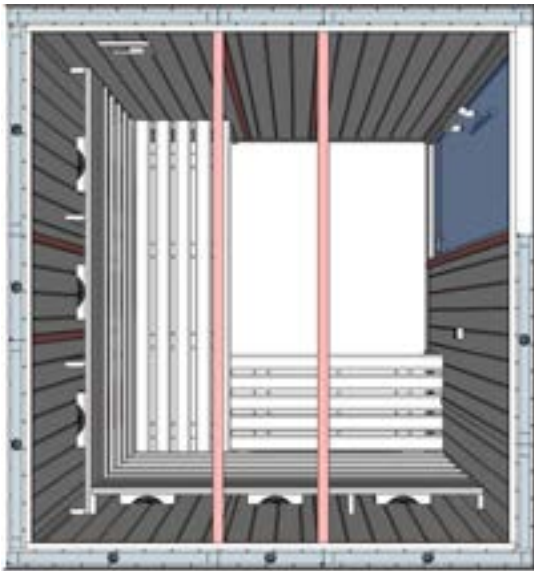
— Magnetic catch

— Counter Plate

## Infrared Sauna Assembly

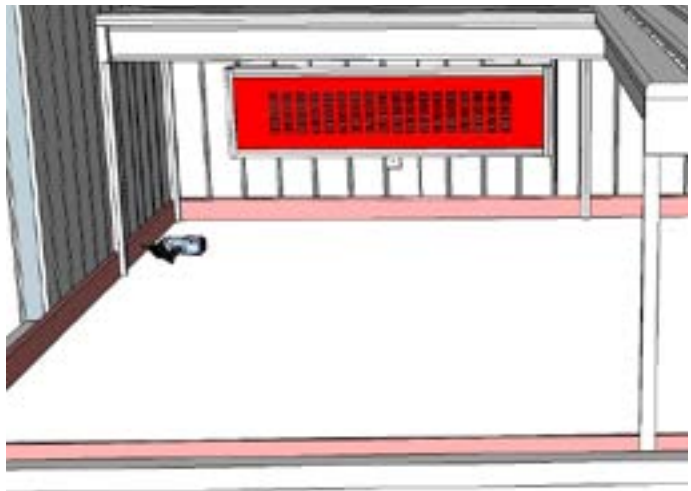
### 16.4. Overlap

Use 32x9mm overlap across the joints between each panel as shown below using 25mm brad nails.



### 16.5. Internal Skirt

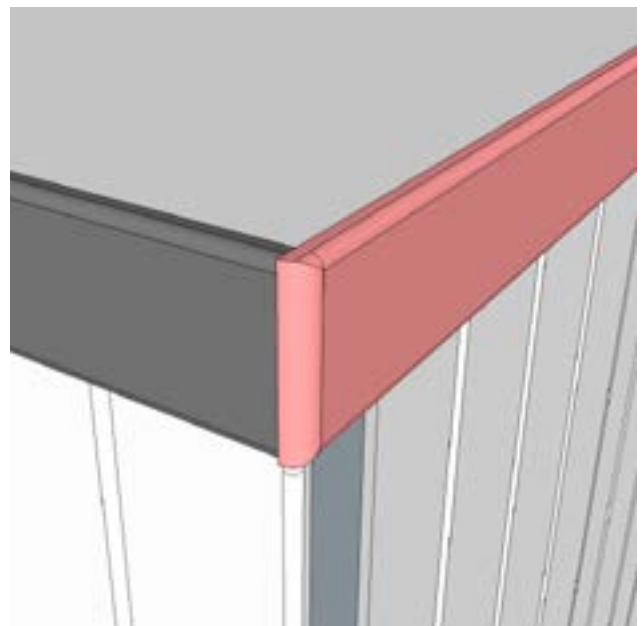
Measure, cut to size and fix the 45 x 9mm skirting around the internal edges of the sauna using 25mm brad nails.



## 17. External Trim

### 17.1. Horizontal top fascia

Fix the 65 x 9mm fascia with 32mm brads provided, the front fascia has been machined with curves on the ends so you don't need to mitre you can just butt the other square edge trim upto it.



## Infrared Sauna Assembly

### 17.2. External Facia Uprights

Measure cut and fix 65 x 9mm facia around external corners of the sauna with 25mm brads.



### 17.3. Exterior Skirt

Measure cut and fix 45 x 9mm trim around the bottom edges of the sauna with 25mm brads.



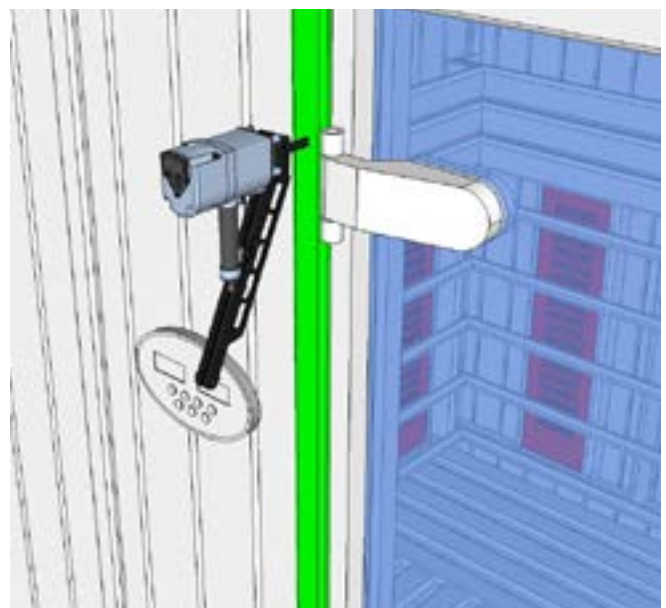
### 17.4. External Facia Joint Overlap

Measure cut and fix 32 x 9mm overlap mould over the joints between the panels with 25mm brads.



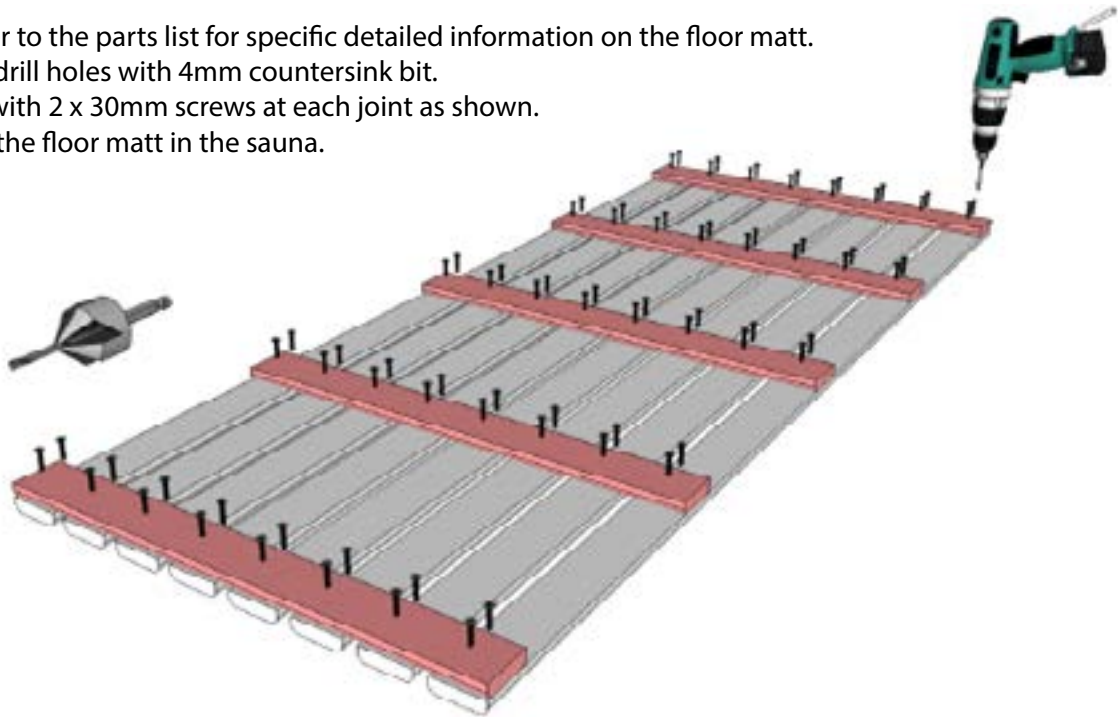
### 17.5. Door frame trim (hinge side)

Measure cut and fix a 32 x 9mm overlap over the gap between the panel and door frame.



### 18. Floor Matt Assembly

- Refer to the parts list for specific detailed information on the floor matt.
- Pre drill holes with 4mm countersink bit.
- Fix with 2 x 30mm screws at each joint as shown.
- Lay the floor matt in the sauna.



### 19. Adding Vent

- Fix the vent kit using pins as shown.
- The lower part of the vent should face the inside of the cabin so the hot air flows up and out.
- The window should slide left to right to allow adjustment in the air flow while in use.





## Infrared Sauna Assembly

### 20. Connection to Power

#### 20.1. Domestic unit

Domestic infrared saunas, those with a maximum of 8 IR heaters within the cabin, can be plugged into a 13Amp socket.

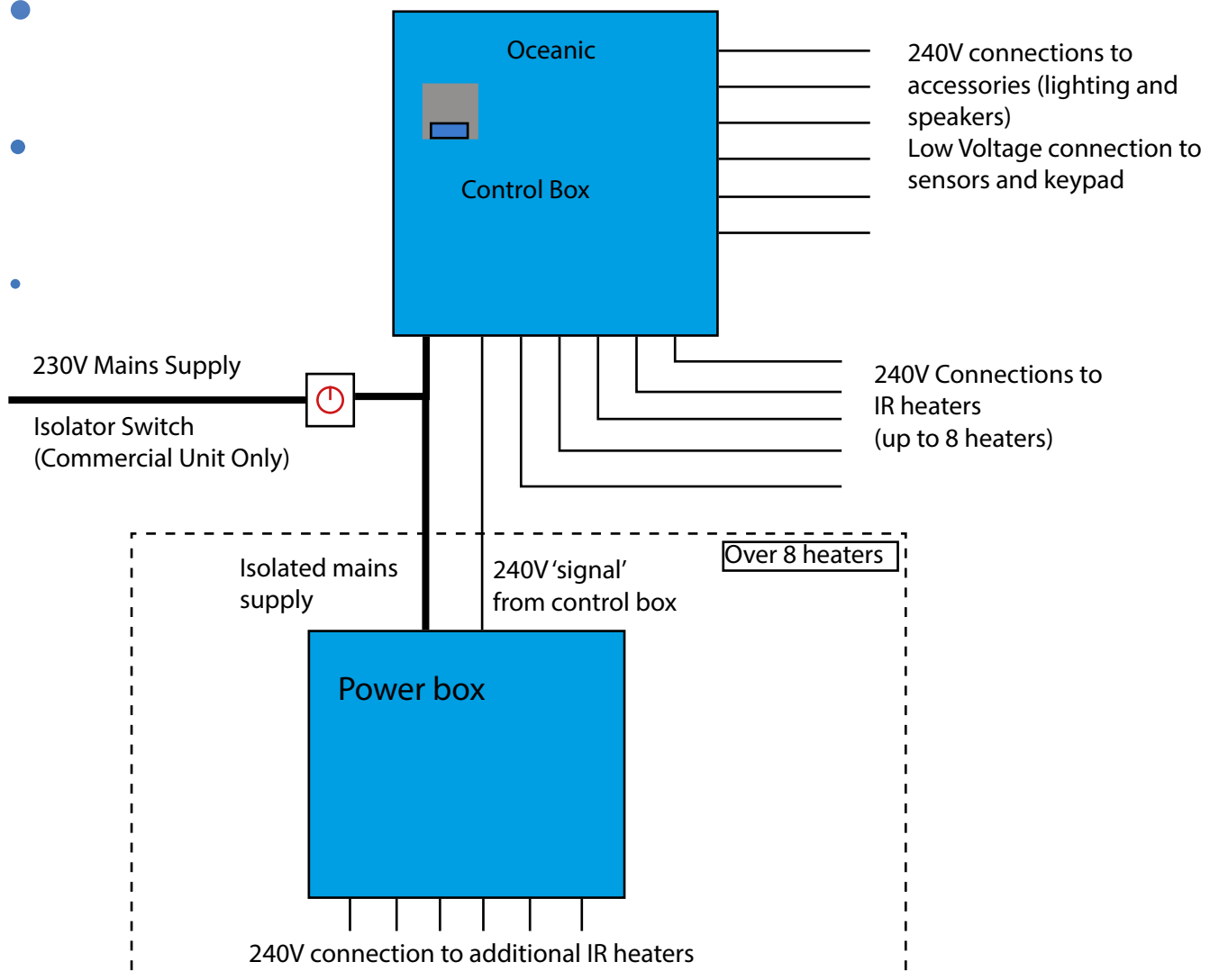
- Do not plug this sauna into a multi plug or multi extension lead.
- Plug the heater in, turn on the socket, then turn on the switch on the RCD switch on the top of the control box.

#### 20.2. Commercial Unit

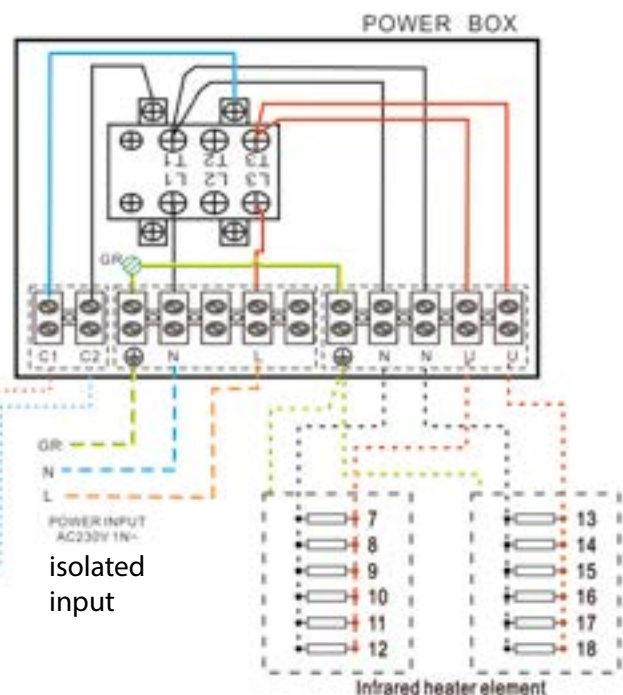
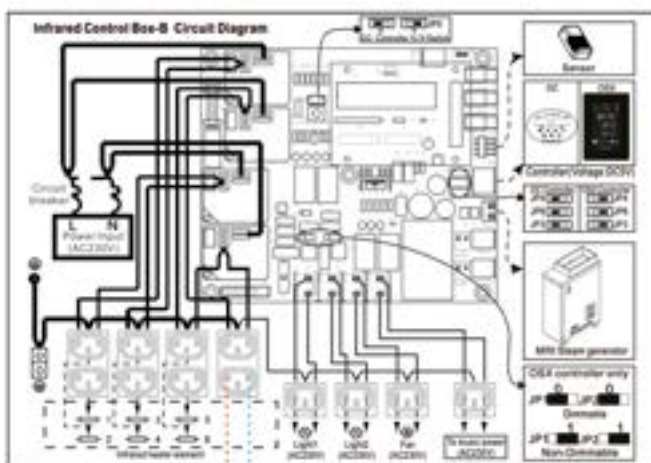
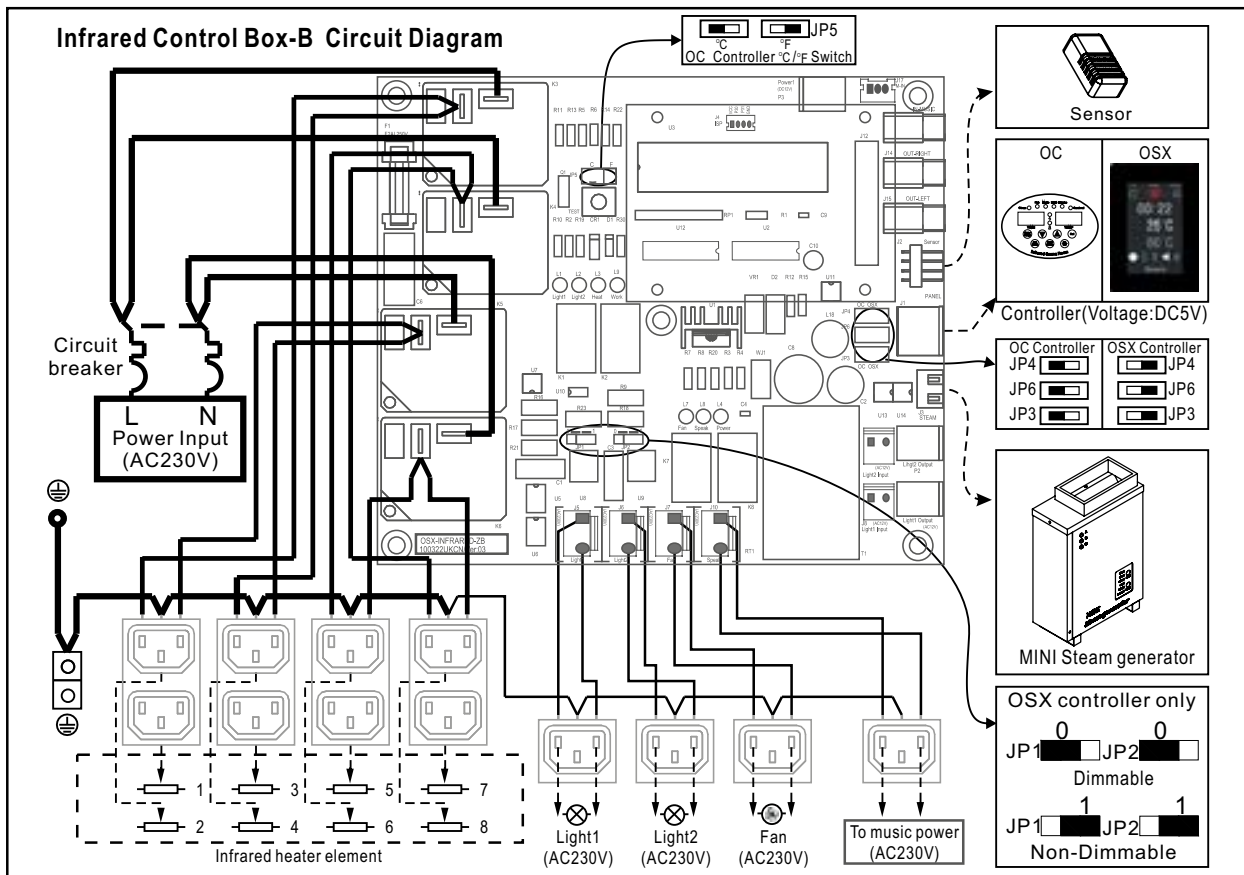
All commercial units must be hard wired to an isolated mains supply and cannot be plugged into a 13Amp socket. The control panel must be wired to a single phase 230V supply.

To connect than 8 heaters use additional power box

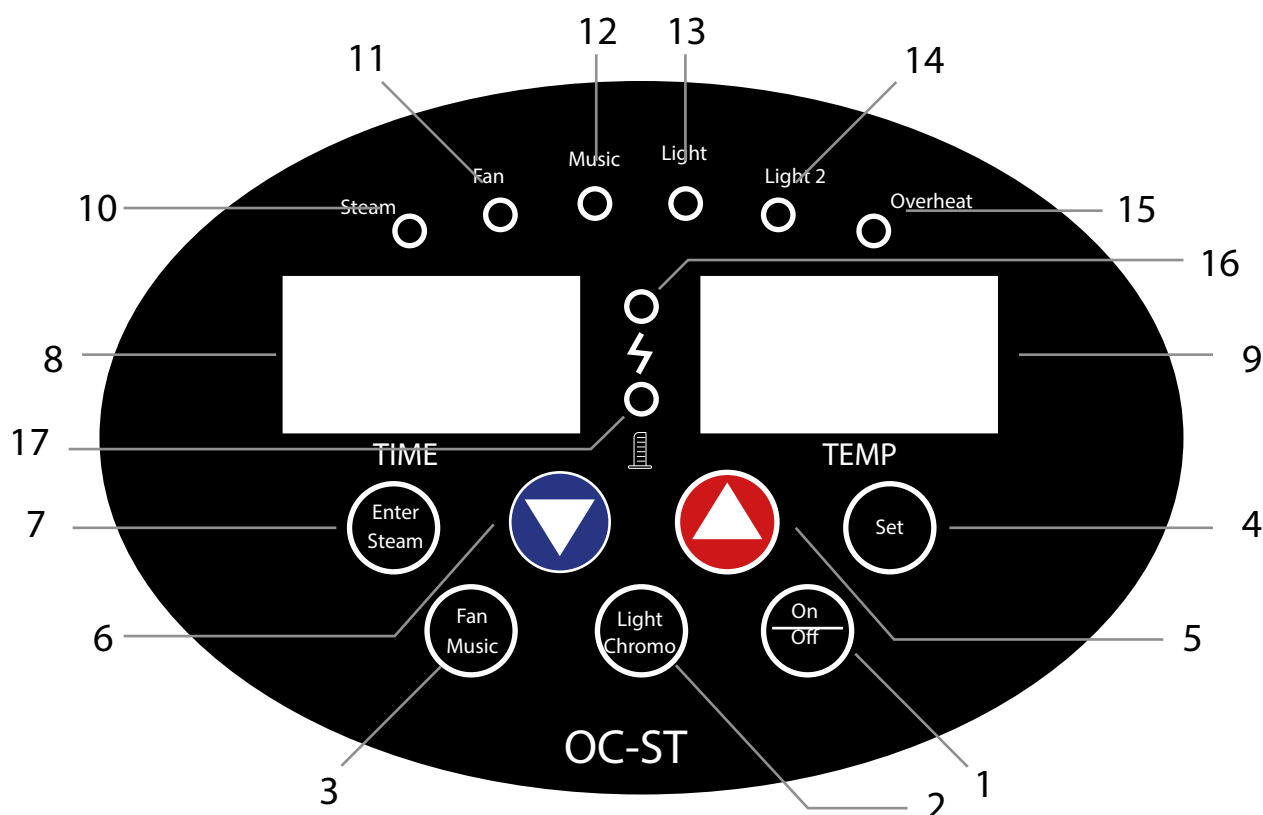
Model	No of IR Heaters	Total Power (kW)	Total Current (A)
IR3030 Corner	8	2.4	10
IR3030 L Shape	9	2.7	11.7
IR3030 Parallel	10	3	13
IR4030	12	3.6	15.7



### 21. Circuit Diagram



### 22. Keypad functions



No	Part	Description
1	On/off	Push to turn the equipment on or off
2	Light	Push to turn on the light in the room.
3	Fan / Music	Push once to turn on fan (not required) Push twice to turn on speakers
4	Set	Preset time and temperature - <b>(you must then press 'Enter' to save settings)</b>
5	∧	Increase button
6	∨	Decrease button
7	Enter / Steam	Press Enter to save settings. Steam function not required
8	Time display window	Display the work time of the steam generator
9	Temp display window	Display the detected temperature of steam room
10	Steam	Not used
11	Fan	Indicated the Fan is active (not required for Oceanic IR sauna)
12	Music	Indicated the Speakers have been turned on
13	Light	Indicated the Light is turned on
14	Chromo	Light to indicate secondary lighting circuit
15	Overheat	Indicator LED for overheat - turn machine off and wait for 1 hour before switching back on, if problem persists contact the seller.
16	L7	Indicates the detected temperature is lower than the preset temperature and sauna heater is heating.
17	L8	Indicates the detected temperature is higher than the preset temperature and the sauna heater is idling.



## 23. Keypad Operation

- i. Once all the cables has been correctly connected to the control box and the box and the power cable has either been plugged into the wall socket (domestic) or hard wired to the isolated mains supply (commercial) you can press the 'On/Off' button on the keypad to turn on the infrared sauna.
- ii. The keypad should now display a time and a temperature and L7 should be orange to show that the lamps are warming up. The time displayed is the length of time that the sauna will stay on for before turning itself off. The can be can be increased or decreased as described below. The temperature shown is the current air temperature inside the cabin, the maximum air temperature can be increased or decreased as described in point iv.
- iii. Adjusting the time. Press the 'Set' button once. The time will now flash. Increased or decrease the time using the blue and red arrow keys. Once the correct time is flashing press the Enter key to save the selection. If you do not press the Enter key the time will not be saved and will revert to the previous setting. The maximum time you can select is 1hour and 30 minutes for a session.
- iv. Adjusting the temperature. Press the 'Set' button twice. The temperature will now start flashing. Increase or decrease using the blue and red arrow keys. Once correct press the 'Enter' button to save. The maximum air temperature is 60 degrees for the infrared sauna.
- v. The keypad will remember the time and the temperature that you selected on your previous session when you turn the sauna on.
- vi. To activate the other functions such as turning on the lighting and speakers, press the associated key the correct number of times as described in the table on the previous page. The associated LED will light up to show you that the light or speakers are on.
- vii. Overheat light. All saunas are fitted with a built-in thermal cut-out that trips automatically if the temperature in the sauna rises above a safe level. The reset button is located in the remote thermostat. If you cannot ascertain what caused the increase in sauna temperature, do not attempt to reset the sauna, but either notilfy Oceanic Saunas Ltd, or call in a qualified electrician.

Please read the Infrared Sauna Operation Manual for full instructions on how to use and look after your infrared sauna.

If you encounter any difficulty with this assembly procedure or think we could have explained anything more clearly we would welcome your comments, please call T: 01902 655425 or T: 01902 871127 technical help line.

### 24. Mini Steam Generator

The mini steam generator is an optional accessory for domestic infrared sauna cabins only, not for use in commercial cabins. It is powered and controlled independently from the infrared heaters but can be run simultaneously as the IR heaters are hermetically sealed. The generator is filled manually from above, there is a manual drain valve if you need to drain the generator.

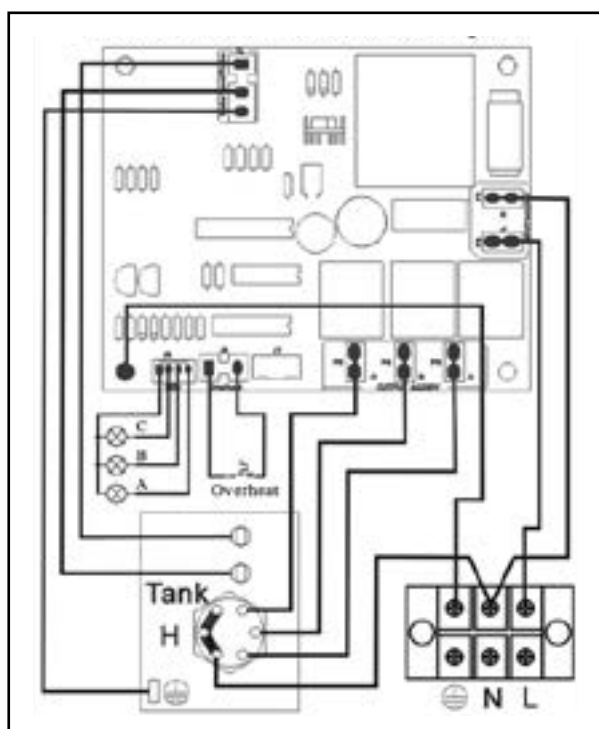
#### 24.1. Mini Steam Generator Safety Precautions

- The equipment must be installed vertically
- Stop pouring water into the boiler when the high level LED light (A) turns on. Don't let the water reach the holes in the top cover. You can release water using the valve at the bottom.
- If overheat indicator LED light turns on, cut off the power supply and do not turn back on until the problem has been resolved. If in doubt please contact our technical team.

#### 24.2. Parameters

Model	Power (W)			Voltage (V)	Current (A)			Dimensions LxWxH (mm)
	Class 1	Class 2	Class 3		Class 1	Class 2	Class 3	
OC-Mini-1	500	750	1000	210-240	2.1-2.3	3.2-3.6	4.2-4.8	220 x 100 x 340
OC-Mini-2	1000	1500	2000	210-240	4.2-4.6	6.4-7.2	8.4-9.6	220 x 100 x 340

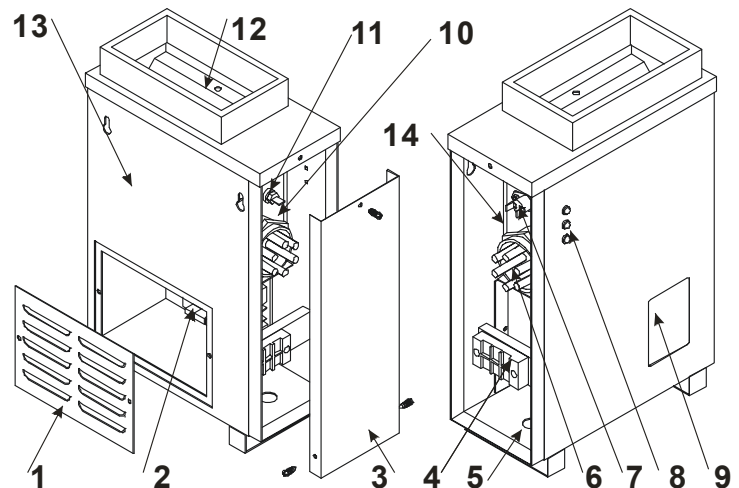
#### 24.3. Mini Steam Generator Circuit Diagram



## Infrared Sauna Assembly

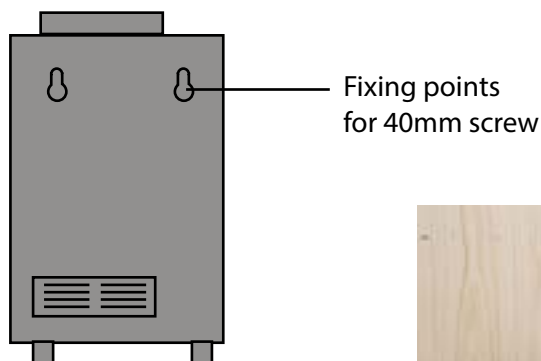
### 24.4. Parts Description

No	Description
1	Back cover
2	circuit board
3	Side cover
4	Terminal
5	Power entry
6	Heat element
7	Overheat switch
8	Water level indicator LED
9	Control panel
10	SUS tank
11	Water level probe
12	Steam outlet and water inlet
13	Shell
14	Heat preservation cotton

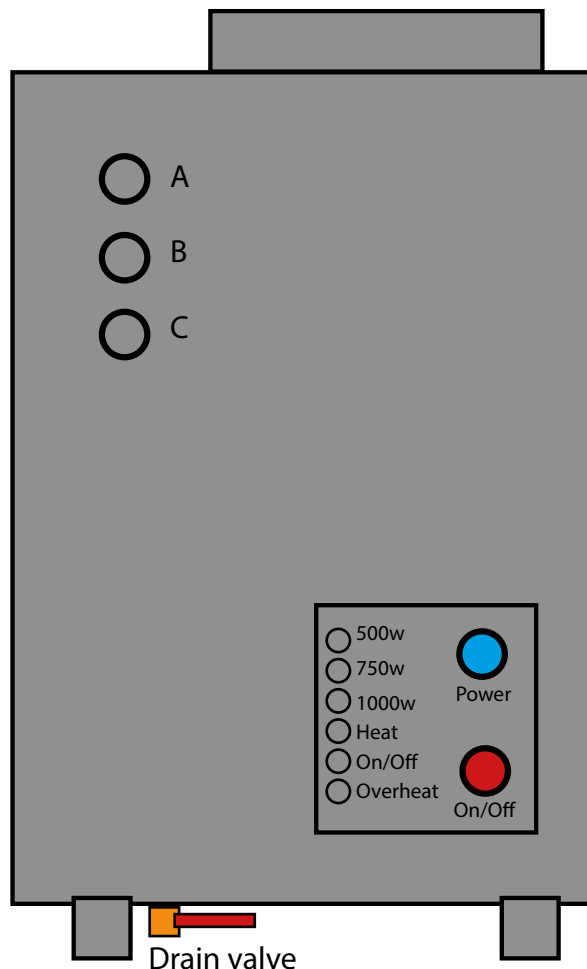


### 24.5. Installation

- Position the steam generator on a blank wall panel at low level 150 - 300mm above ground level.
- Fix to cabin wall using 40mm Screws and the locating fixing points on the back of the heater.
- Drill hole through the panel as appropriate height for cable to be inserted.
- Connect the steam generator to a 13Amp socket with RCD protection.



## 24.6. Controls and Indicators



Water Level Indicators

A - Overflow indicator

B - Tank half full

C - Tank near empty - refill before use

Control the level of power 500W / 750W / 1000W

Press On/Off to turn activate the heater

☐ 500w

LED indicator, unit is set to 500W

☐ 750w

LED indicator, unit is set to 750W

☐ 1000w

LED indicator, unit is set to 1000W

☐ Heat

LED indicator, generator is currently heating

☐ On/Off

LED indicator, generator has power

☐ Overheat

LED indicator, generator has overheated. Overheat switch has been tripped. Please wait 1 hour for unit to cool down. Overheat switch can be reset inside the unit (see diagram on previous page). Please contact technical support if reason for overheat is no known.

## 25. Mini Steam Generator Operation

- i. Once the mini steam generator has been installed correctly onto the wall and the power cable connected to a 13amp socket the unit is ready to use.
- ii. Turn the power on at the 13amp socket and press On/Off button on the Mini Steam Generator
- iii. Note that the LED C should be lit to show the tank is empty
- iv. Fill the generator with water from above using a water jug until A is lit. Do not overfill the generator as the water may start to spit out of the top when heating. If this occurs manually drain some water out into a container using the drain valve at the bottom of the generator.
- v. The generator should now start to heat the water and the 'Heat' LED should be lit
- vi. You can adjust the amount of steam using the Power button to set the generator to 500W, 750W or maximum power 1000W.
- vii. Once the water level drops to C you can add more water to the generator. Be careful as the unit will not be very hot.
- viii. If you are adding aroma to the water this will alter the surface tension of the water and may cause it to spit when boiling into steam. If this happens either reduce the amount of overall liquid in the generator or reduce the amount of aroma in the water. Do not add neat aroma to the tank, ensure the aroma is diluted. Oceanic aromas are to be diluted 1 part aroma to 20 parts water. For every 1ltr of water only add a maximum of 50ml of aroma.
- ix. Ensure you drain the steam generator after the end of your session.

## 26. Mini Steam Generator Maintenance

The single biggest problem with steam generation is the build up of scale resulting from dissolved solids within the water. Scaling can cause the elements to fail, the water level sensors not to function, premature failure of the O-rings resulting in leaks from around the elements. The extent of the problem will vary according to the degree of hardness in the local water supply.

For all commercial operators we recommend the use of a water softener.

Expect 2500 hours element life, this can be seriously depleted by poor maintenance.

All users must ensure a regular maintenance routine to descale the generator – the frequency of this will vary according to the degree of hardness in the local water supply and the amount of time the generator is used for. Check the water for hardness and arrange the descaling routine accordingly: -

High levels of hardness descale once every 50 to 100 hours of operation.

Medium levels of hardness descale once every 100 to 250 hours operation.

Low levels of hardness descale once every 250 to 1000 hours of operation.

To descale the generator use a solution of weak acid crystals (such as citric acid) mixed with water

Citric acid can be purchased from: [www.oceanic-saunas.co.uk](http://www.oceanic-saunas.co.uk)

## Infrared Sauna Assembly

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### Descaling procedure

- i. Fill the machine using a funnel with pre mixed citric acid
- ii. Heat the machine for 2 minutes.
- iii. Leave the machine for 4 hours minimum
- iv. Drain using the valve at the base of the unit
- v. Flush tank twice using cold water and the drain valve.

Follow the instruction supplied with the crystals and allow sufficient time for the solution to dissolve the scale before flushing out the generator. For best results add to water, steam for two minutes then leave overnight. Empty the next days and flush twice using drain.

Faults arising from a result of a failure to descale the generator are not covered by warranty

### 27. Saunarium Coat

Oceanic Stauna Coat is provided with all Traditional and Infrared Stauna cabins for the purpose of protecting the timber from condensing steam from the mini steam generator.

#### 27.1. Application

- To apply the liquid use a paint brush, do not use a roller as this will absorb too much liquid.
- 1ltr of the substance will cover approximately 15sqm of timber.
- All internal timber surfaces of the sauna cabin should be coated in the liquid.
- We recommend two applications once before assembly and once after.

Application of any other type of varnish or treatment to the timber is not recommended as they may release toxins into the atmosphere during use of the sauna. Stauna Coat has been specially selected for its lack of toxicity and is safe to be used in a sauna environment.

#### 27.2. Safety Precautions

The coating is not considered hazardous (in accordance with OSHA Haz Com 2012, 29 CFR 1910.1200 and Regulation (EC) No1272/2008(CLP)) but the following safety procedures should be taken:

- Following contact with eyes : Immediately flush eyes with plenty of water. Get medical attention, if irritation persists.
- Following contact with skin : Wash with soap and water. Remove and launder contaminated clothing. Get medical attention if irritation develops or persists.
- Following ingestion : Seek immediate medical attention. Do not induce vomiting.
- Following inhalation : Remove to fresh air. If not breathing, give artificial respiration by trained personnel. Consult a physician.

### 28. Guarantee

All generators and heaters are guaranteed for 12 months for domestic and commercial use from the date of purchase. This guarantee excludes consumable items such as the electrical elements and failures resulting from misuse or abuse such as a failure to descale.

If you encounter any difficulty with this assembly procedure or think we could have explained anything more clearly we would welcome your comments, please call T: 01902 655425 or T: 01902 871127 technical help line.